Wellesley College: Harvard Pilgrim HMO Plan

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period: 01/01/2022 — 12/31/2022

Coverage for: Individual + Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/LGsampleEOC. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-888-333-4742 to request a copy.

Important Questions	Answers	Why this matters
What is the overall deductible?	\$0 Benefits are administered on a calendar year basis.	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers
Are there services covered before you meet your deductible?	Yes: durable medical equipment, emergency room care, emergency medical transportation, prescription drugs, outpatient mental health services, preventive care, provider office visits, rehabilitation services, habilitation services, routine eye exams, are covered before you meet your deductibles.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But, a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$2,500 member/ \$5,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this plan, they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.

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Important Questions	Answers	Why this matters
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See https://www.harvardpilgrim.org/public/find-a-provider or call 1-888-333-4742 for a list of preferred providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, some exceptions apply.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	Limitations, Exceptions,	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit	Not covered	None
	<u>Specialist</u> visit	\$25 <u>copay</u> /visit	Not covered	None
	Preventive care/ screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: No charge Laboratory: No charge	Not covered	None
	Imaging (CT/PET scans, MRIs)	\$75 copay /procedure up to \$150/calendar year	Not covered	Cost sharing may vary for certain imaging services.

		What You	Limitations, Exceptions, & Other Important Information		
Common Medical Event	Services You May Need	Network Provider (You will pay the least) Out-of-Network Provider (You will pay the most)			
If you need drugs to treat your illness or condition More information about prescription drug coverage is available atwww.optumrx.com.	Generic drugs	Retail: \$5 copay /prescription for low cost generic; \$20 copay /prescription for high cost generic Mail Order: \$10 copay /prescription for low cost generic; \$40 copay /prescription for high cost generic	Not covered	Deductible does not apply Limited to 30-day supply (retail) and 90-day supply (mail order) No charge for FDA-approved generic contraceptives (or brand name contraceptives if a generic is medically	
	Preferred brand drugs	Retail: \$30 copay /prescription Mail Order: \$60 copay /prescription	Not covered	inappropriate. Specialty drugs must be filled through Optum Exclusive Specialty	
	Non-preferred brand drugs	Retail: \$50 copay /prescription Mail Order: \$150 copay /prescription	Not covered	Pharmacy	
	Specialty drugs	Same as Retail above	Not covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$250 copay/visit	Not covered	None	
	Physician/surgeon fees	No charge Not covered			
If you need immediate	Emergency room care	\$150 <u>copay</u> /visit		None	
medical attention	Emergency medical transportation	No charge		None	
	Urgent care	Convenience care clinic: \$25 copay/visit Urgent care center: \$25 copay/visit Hospital urgent care center: \$25 copay/visit	Convenience care clinic: Not Covered Urgent care center Not Covered Hospital urgent care center Same As Participating Provider	Services with non-participating providers are only covered outside of the service area.	

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		What Yo	Limitations, Exceptions, & Other Important Information		
Common Medical Event	Services You May Need	Network Provider (You will pay the least) Out-of-Network Provider (You will pay the most)			
If you have a hospital stay	Facility fee (e.g., hospital room)	\$500 copay/admit	Not covered	None	
	Physician/surgeon fee	No charge	Not covered		
If you have mental health,	Outpatient services	\$25 <u>copay</u> /visit	Not covered	None	
behavioral health, or substance abuse needs	Inpatient services	\$500 <u>copay</u> /admit	Not covered		
If you are pregnant	Office visits	\$25 <u>copay</u> /visit	Not covered	Cost sharing does not	
	Childbirth/delivery professional services	No charge	Not covered	apply for <u>preventive</u> <u>services</u> .	
	Childbirth/delivery facility services	\$500 <u>copay</u> /admit	Not covered		
If you need help recovering or have other special health needs	Home health care	No charge	Not covered	None	
	Rehabilitation services Habilitation services	Physical Therapy: \$25 copay/visit Occupational Therapy: \$25 copay/visit Speech Therapy: \$25 copay/visit	Not covered	Occupational therapy – 30 visits /calendar year Physical therapy – 30 visits /calendar year	
	Skilled nursing care	\$500 <u>copay</u> /admit	Not covered	100 days/calendar year	
	Durable medical equipment	20% <u>coinsurance</u>	Not covered	Wigs – \$350/calendar year	
	Hospice services	No charge	Not covered	For inpatient see "If you have a hospital stay".	

		What You Will Pay			Limitations, Exceptions,	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		& Other Important Information	
If your child needs dental	Children's eye exam	\$25 <u>copay</u> /visit	Not covered		1 exam/calendar year	
or eye care	Children's glasses	Not covered	Not covered		None	
	Children's dental check-up – Up to age of 13	No charge	Not covered		2 exams/calendar year	
Excluded Services & Other	Covered Services:					
Services Your Plan Does No	OT Cover (This isn't a comp	lete list. Check your policy or	: <u>plan</u> docu	ment for other exc	cluded services.)	
	• Mos	g-Term (Custodial) Care st Cosmetic Surgery st Dental Care (Adult) n-emergency care when traveling U.S.	g outside	 Private-duty nu Routine foot ca Services that ar Weight Loss Pr 	re not Medically Necessary	
Other Covered Services (This isn't a complete list. Check your policy or <u>plan</u> document for other covered services and your costs for these services.)						
• Acupuncture - 30 visits/ca	llendar year • Chi	ropractic Care - 30 visits/calend	ar year	Infertility Treat	rment	
Bariatric surgery		rring Aids - \$2,000/aid every 36 each impaired ear	months,	Routine eye can year	re (Adult) – 1 exam/calendar	

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

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HPHC Member Appeals-Member Services Department Harvard Pilgrim Health Care, Inc. 1600 Crown Colony Drive

Quincy, MA 02169

Telephone: 1-888-333-4742

Fax: 1-617-509-3085

Department of Labor's Employee Benefits Security Administration

1-866-444-3272

www.dol.gov/ebsa/healthreform

Health Care for All

30 Winter Street, Suite 1004

Boston, MA 02108 1-800-272-4232

http://www.hcfama.org/helpline

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this Coverage Meet the Minimum Value Standard? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium</u> tax credit to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助, 请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your **providers** charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductible</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
■ The plan's overall deductible	\$0	■ The plan's overall deductible	\$0	■ The plan's overall deductible	\$0	
■ Specialist copayment	\$25	■ Specialist copayment	\$25	■ Specialist copayment	\$25	
Hospital (facility)copayment	\$500	Hospital (facility)copayment	\$500	Hospital (facility)copayment	\$500	
Other	\$0	Other	\$0	Other	\$0	
This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		
<u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Serv		· · · · · · · · · · · · · · · · · · ·		Emergency room care (including med	(including medical supplies)	
Childbirth/Delivery Facility Services	aces			Diagnostic test (x-ray) Durable medical equipment (crutches)		
Diagnostic tests (ultrasounds and blood	'work)	Prescription drugs Rehabilitation services (physical therapy)			,	
Specialist visit (anesthesia)		Durable medical equipment (glucose meter)		The state of the s	<i>(47)</i>	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pay	/ :	In this example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$510	Copayments	\$1,250	<u>Copayments</u>	\$360	
<u>Coinsurance</u>	\$0	Coinsurance	\$ 0	<u>Coinsurance</u>	\$0	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	Limits or exclusions \$20		\$0	Limits or exclusions	\$0	
The total Peg would pay is	\$530	The total Joe would pay is	\$1,250	The total Mia would pay is	\$360	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-888-333-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-888-333-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-888-333-4742 (TTY: 711).

繁體中文 (Traditional Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-333-4742 (TTY: 711) 。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-888-333-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-333-4742 (телетайп: 711).

(Arabic) العربية

التباه: إذا أنت تتكلم اللُّغة العربية ، خَدَمات المُساعَدة اللُّغوية مُتَّو فرة لك مَجانا أُ إتصل على 4742-333-1888

(TTY: 711)

ខ្មែរ (Cambodian) ្រសុំជូនដំណីង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-888-333-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-333-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-333-4742 (TTY: 711).



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한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-333-4742 (TTY: 711) 번으로 전화해 주십시오.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-888-333-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku. możesz skorzystać z bezpłatnei pomocy iezykowei. Zadzwoń pod numer 1-888-333-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्तमें उपलब्ध है. जानकारी के लिये फोन करे. 1-888-333-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હો તો આપને માટે ભાષાકીય સહ્ય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-888-333-4742 (TTY: 711)

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-333-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-888-333-4742 (TTY: 711).



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General Notice About Nondiscrimination and Accessibility Requirements

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HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Compliance Officer, 93 Worcester St, Wellesley, MA 02481, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil_rights@harvardpilgrim.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/hobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



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