

# Riverside Community Care

## LGBTQIA+ Community and Allies Resource Guide in Massachusetts

Community &  
Support Groups

Activism &  
Legal  
Assistance

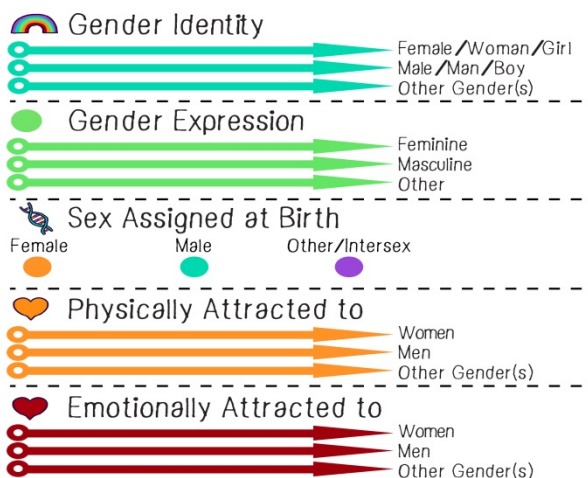
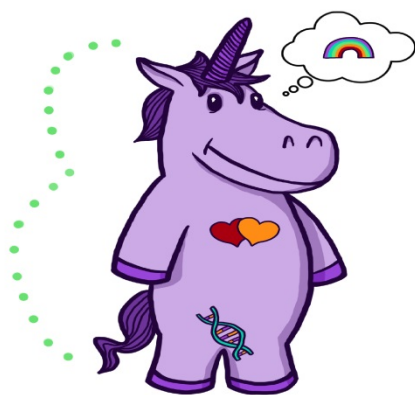
Clinical &  
Behavioral Support

These pages  
contain a guide  
for Supportive  
Resources for  
People who  
identify as  
LGBTQIA+,  
Parents, Family,  
Friends, and  
Allies

2018/2019

### The Gender Unicorn

Graphic by:  
**TSER**  
Trans Student Educational Resources



To learn more, go to:  
[www.transstudent.org/gender](http://www.transstudent.org/gender)

Design by Landyn Pan and Anna Moore

#### *The Gender Unicorn*

*This graphic can be used as a tool to graph one's gender identity and expression.*

(TSER The Gender Unicorn, 2017)

<http://www.transstudent.org/gender?gclid=1>

# Contents

LGBTQIA+ Community and Allies Resource Guide in Massachusetts.....	- 1 -
COMMUNITY & SUPPORT GROUPS .....	- 2 -
AGLY: The "AGLY Network" .....	- 2 -
BAGLY.....	- 2 -
BrAGLY - .....	- 3 -
CIGSYA.....	- 3 -
Generation Q - North - .....	- 3 -
GenQ Jr. ....	- 4 -
Generation Q - South .....	- 4 -
House of Colors - A Program of Enlace de Familias.....	- 4 -
LOLYP.....	- 5 -
McVAGLY .....	- 5 -
nAGLY .....	- 5 -
NB-AGLY.....	- 6 -
OUT NOW.....	- 6 -
SShAGLY-.....	- 6 -
SWAGLY .....	- 7 -
WAGLY - .....	- 7 -
Out MetroWest, Inc. ....	- 7 -
UMBRELLA – Wellesley.....	- 8 -
UMBRELLA – Framingham .....	- 8 -
Boston Area Homeschoolers' Queer-Straight Alliance ( .....	- 8 -
BAHS QSA at Robbins Library.....	- 8 -
LGBT Helpline (25+) .....	- 9 -
Sidney Borum Jr. Health Center Drop In Meetings:.....	- 9 -
For Parents/Guardians/Caregivers .....	- 9 -
For Transgender Support Group .....	- 9 -
Youth Transgender Support Group.....	- 10 -
Support for Non-transgender Partners of Transgender People .....	- 10 -
Group for Parents/Prospective Parents who are Trans/Gender non-conforming/Non-binary .....	- 10 -
Greater Boston PFLAG.....	- 10 -
Groups for Parent, Friends, Family, and Members of the LGBTQ+ Community .....	- 11 -
Parents of Transgender and Gender Non-Conforming Children Support Groups .....	- 11 -
Wellesley Hills.....	- 11 -
Framingham .....	- 11 -
Parents of Male to Female Transgender/Gender Non-Conforming Children .....	- 11 -
Moms of Transgender/Gender Non-Conforming Children Coffee Group.....	- 11 -

Dads of Transgender/Gender Non-Conforming Children.....	- 11 -
Arlington – First Parish Church.....	- 11 -
Essex/Cape Ann – First Universalist Church of Essex.....	- 12 -
Concord - Concord Union Church.....	- 12 -
Framingham - First Parish.....	- 12 -
Metrowest - Unitarian Universalists (UU).....	- 12 -
Newton - Eliot Church.....	- 12 -
North Easton - Unity Church.....	- 13 -
Reading - Unitarian Universalist (UU).....	- 13 -
South Shore – Duxbury – First Parish Church.....	- 13 -
Lowell.....	- 13 -
Home For Little Wanderers (YARN Program) - .....	- 13 -
Yarn Safe Spaces For LGBT Youth .....	- 13 -
The Hispanic Black Gay Coalition (HBGC).....	- 14 -
Hues Sister Circle .....	- 14 -
BLAQ T .....	- 14 -
JRI HEALTH.....	- 15 -
Boston Glass Community Center.....	- 15 -
Massachusetts Asian + Pacific Islanders (MAP).....	- 15 -
ASIAN PRIDE.....	- 15 -
The Queer South Asian Collective.....	- 15 -
Mystic LGBTQ+ Youth Support Network .....	- 16 -
Robbins Library .....	- 16 -
Arlington High School Gender & Sexuality Alliance.....	- 16 -
Ottoson Middle School Queer Straight Alliance .....	- 16 -
The Rainbow Alliance .....	- 17 -
Gender Support Group.....	- 17 -
PFLAG of Greater Worcester .....	- 17 -
Queer South Asian Collective.....	- 17 -
Riverside Community Care.....	- 18 -
Safe Homes .....	- 18 -
SAYFTEE.....	- 19 -
The Meeting Point.....	- 19 -
Gender Xplorers.....	- 19 -
ACTIVISM AND LEGAL RESOURCES .....	- 21 -
ACLU.....	- 22 -
Advocates For Youth .....	- 22 -
GLAD .....	- 22 -
GLSEN.....	- 23 -
Human Rights Campaign.....	- 23 -

Massequality .....	- 23 -
The Massachusetts Commission On Lgbtq Youth.....	- 24 -
The Massachusetts Transgender Political Coalition (MTPC) - .....	- 24 -
<b>BEHAVIORAL AND CLINICAL RESOURCES .....</b>	<b>- 25 -</b>
Agly Network.....	- 26 -
Boston Children’s Hospital Gender Management Service (GeMS) .....	- 26 -
Fenway Community Health – Sidney Borum Jr. Health Center .....	- 26 -
Monthly Drop-In Night For Parents And Guardians .....	- 27 -
Sidney Borum, Jr. Health Center .....	- 27 -
Health Imperatives .....	- 28 -
The Trevor Project .....	- 28 -
<b>ART, BOOKS, FILMS, MAGAZINES, &amp; VIDEO RESOURCES .....</b>	<b>- 29 -</b>
Common Sense Media .....	- 30 -
Our Queer Media .....	- 30 -
Our Queer Art .....	- 30 -
Our Daily Queer - .....	- 31 -
Our Queer History –.....	- 31 -
Our Queer Stories - .....	- 31 -
Trans Youth Equality Foundation.....	- 31 -
TYEF's BOOK LIST –.....	- 31 -
<b>BOOKS and MOVIES .....</b>	<b>- 32 -</b>
<b>HOTLINE SUPPORT.....</b>	<b>- 33 -</b>
<b>GLOSSARY OF TERMS .....</b>	<b>- 34 -</b>
LGBTQIA Resource Center Glossary .....	- 34 -
References.....	- 46 -

# **LGBTQIA+ Community and Allies Resource Guide in Massachusetts**

## COMMUNITY & SUPPORT GROUPS

AGLY: The "AGLY Network" entity continues to exist as a statewide support and development partnership of community-based direct service organizations with the goal of ensuring that 1) LGBTQ youth from the Commonwealth have access to a broad array of supports, services, and opportunities and 2) LGBTQ youth workers are supported in becoming resources for youth and each other. The Network has grown to include groups from communities all over Massachusetts, and it collectively provides social support and direct services to more than 6,000 LGBTQ youth annually. BAGLY provides funding, technical assistance, capacity building, and professional development opportunities to members of the Network through mini grants that support access to prevention, screening, and referral services for LGBTQ youth, as well as [Health, Education and Risk Reduction Team](#) (HEARRT) implementation. This statewide network ensures that high-risk LGBTQ adolescents and young adults from urban, suburban, and rural communities throughout Massachusetts have access to comprehensive, culturally competent HIV/STI prevention. [The AGLY Network](#) AGLY Offers the following - [Resources](#)

They are located in many regions across Massachusetts. Although they are under the same BAGLY network, each location has their own individual website and contact info.

Find an AGLY Near You: <http://www.bagly.org/programs/youth-group/find-an-agly>

<p><b><u>BAGLY</u></b> - Boston Alliance of Gay, Lesbian, and Transgender Youth          The Boston Alliance of Gay, Lesbian, Bisexual and Transgender Youth, is a youth led, adult supported social support organization, committed to social justice, and creating, sustaining and advocating for programs, policies and services for the LGBTQ youth community.</p>	
<b>Meeting Address</b>	Second floor of <a href="#">The Community Church of Boston</a> in Copley Square. 565 Boylston St. Boston, Ma 02116
<b>Program Hours</b>	Wednesdays – 5:00 – 9:00 pm <b>5:00-6:00:</b> Youth Leadership Committee Meeting <b>6:00-7:00:</b> Welcoming meeting – This is a great meeting if you're new to BAGLY. Orientation to BAGLY. <b>7:00-8:00:</b> Identity Meetings – Women's Meeting, Transgender Identities Meeting, People of Color (POC) Meeting, and Men who have Sex with Men (MSM) Meeting
<b>QTYPAD – Program Hours and Address</b> (Queer & Trans Youth of Pan-Asian Descent) <b>EVENTS</b>	Tuesdays - 5-8 pm Community Center of BAGLY, Inc. <b>Located at 14 Beacon Street, 3rd floor, Boston, MA</b> <a href="https://www.bagly.org/events/">https://www.bagly.org/events/</a>
<b>HIV Screening Hours</b>	<b>The Clinic @ BAGLY, Inc.</b> <b>14 Beacon Street, 3rd Floor, Boston, MA 02149</b> Appointments – Call 617- 227-TEST (8378) or email <a href="mailto:testing@BAGLY.org">testing@BAGLY.org</a> It's best to CALL AHEAD for appointments, but walk in appointments are usually available during clinic hours – Mon, Tues, Thurs, Fri - 3:00 PM – 7:00 PM
<b>Web &amp; Contact</b>	<a href="http://www.bagly.org/">http://www.bagly.org/</a> and <a href="#">Facebook BAGLY - allies</a> BAGLY, Inc. - PO Box 960814 -Boston , Ma , 02196.0814 617-227-4313

**BrAGLY** - Brockton Alliance of GLBT Youth - A Program of Health Imperatives

<b>Meeting Address</b>	111 Torrey St., Brockton, MA 02301
<b>Program Hours</b>	Thursday nights - 6:00 pm – 8:00 pm
<b>HIV Screening Hours</b>	Walk-in or appointments available on-site at <a href="#">Brockton Family Planning</a> Mondays 9:00am-5:00pm, Tuesdays 11:00am-5:00pm, Wednesdays 9:00am-3:30pm, Thursdays 11:00am-7:00pm, and Fridays 9:00am-4:00pm
<b>Web &amp; Contact</b>	<a href="http://healthimperatives.org/lgbtq-support-bragly/">http://healthimperatives.org/lgbtq-support-bragly/</a> <a href="mailto:BrAGLY@healthimperatives.org">BrAGLY@healthimperatives.org</a> 508-586-3800

**CIGSYA** - Thrive! at CIGSYA (Cape and Islands Gay & Straight Youth Alliance)

<b>Meeting Address</b>	56 Barnstable Road, Hyannis
<b>Program Hours</b>	Wednesdays - 4:00-6:30pm
<b>HIV Screening Hours</b>	On-site testing event held bi-annually; contact for more information
<b>Web &amp; Contact</b>	<a href="http://www.cigsya.org">www.cigsya.org</a> <a href="https://www.facebook.com/CIGSYA22andunder">www.facebook.com/CIGSYA22andunder</a> <a href="mailto:Office@wethrive.us">Office@wethrive.us</a>

**Generation Q - North - (Greenfield) - A Program of Community Action Youth Programs** – Generation Q is a confidential educational and social/support group for gay, lesbian, bisexual, transgender, queer and questioning youth and straight allies. This peer-led group provides an opportunity for youth to make new friends, find support and become educated on LGBTQ topics. TREE (Trans Rights, Education, and Empowerment) provides additional education and support to trans and gender non-conforming youth during Generation Q meetings. Generation Q and TREE participants experience a safe and supportive space while becoming leaders in their community. Stipends are available for Peer Leaders. Transportation is provided to Gfld & TF (Greenfield Group) and within Northampton/Florence (Northampton Group).

<b>Meeting Address</b>	154 Federal Street, Greenfield
<b>Program Hours</b>	Tuesdays - 4:00-7:00pm - Open to youth ages 14-21 Wednesday – 4:00 – 7:00 PM Plus Monthly Joint Special Events
<b>HIV Screening Hours</b>	Every 3 <sup>rd</sup> Tuesday (provided by <a href="#">Tapestry Health</a> )
<b>Web &amp; Contact</b>	Zora Berman <a href="mailto:ZBerman@communityaction.us">ZBerman@communityaction.us</a> <a href="https://www.communityaction.us/youth-programs">https://www.communityaction.us/youth-programs</a> <a href="https://www.facebook.com/communityactionyouthprograms">www.facebook.com/communityactionyouthprograms</a> <a href="https://www.facebook.com/groups/GenerationQ/">https://www.facebook.com/groups/GenerationQ/</a> 413-774-7028

**GenQ Jr.** – GenQ Jr. is a peer support group for LGBTQ+ and allied middle school aged youth

<b>Meeting Address</b>	154 Federal Street, Greenfield
<b>Program Hours</b>	Second Tuesdays – 3:30 – 6:30 pm – Middle School Aged Youth
<b>HIV Screening Hours</b>	Every 3 <sup>rd</sup> Tuesday (provided by <a href="#">Tapestry Health</a> )
<b>Web &amp; Contact</b>	Zora Berman <a href="mailto:ZBerman@communityaction.us">ZBerman@communityaction.us</a> <a href="https://www.communityaction.us/youth-programs">https://www.communityaction.us/youth-programs</a> <a href="http://www.facebook.com/communityactionyouthprograms">www.facebook.com/communityactionyouthprograms</a> <a href="https://www.facebook.com/groups/GenerationQ/">https://www.facebook.com/groups/GenerationQ/</a> 413-774-7028 x798

**Generation Q - South (Northampton)-A Program of Community Action Youth Programs**

<b>Meeting Address</b>	17 New South St., Northampton
<b>Program Hours</b>	Wednesdays - 4:00 – 7:00 pm
<b>HIV Screening Hours</b>	Every 3 <sup>rd</sup> Wednesday 5:00-7:30 pm (provided by <a href="#">Tapestry Health</a> )
<b>Web &amp; Contact</b>	<a href="http://www.communityaction.us/our-groups-programs.html">http://www.communityaction.us/our-groups-programs.html</a> <a href="http://www.facebook.com/communityactionyouthprograms">www.facebook.com/communityactionyouthprograms</a> <a href="https://www.facebook.com/groups/GenerationQ/">https://www.facebook.com/groups/GenerationQ/</a> <a href="mailto:ZBerman@communityaction.us">ZBerman@communityaction.us</a> 413-774-7028 x798

**House of Colors - A Program of Enlace de Familias**

This is a safe space offered for youths, ages 13-24

<b>Meeting Address</b>	301 Main Street, Holyoke
<b>Program Hours</b>	Mondays - 5:00 - 7:00 pm
<b>HIV Screening Hours</b>	Last Monday of every month during program hours (provided by <a href="#">Tapestry Health</a> )
<b>Web &amp; Contact</b>	<a href="#">House of Colors Facebook Page</a> 413-532-9300 – Please call ahead prior to attending to meet with Peer Leaders



<b><u>LOLYP - Live Out Loud Youth Project - A Project of Berkshire Children and Families</u></b>	
They specialize in providing affirming counseling for individuals who identify as lesbian, gay, bisexual, transgender, trans-sexual, intersexed, gender-queer, or questioning.	
<b>Meeting Address</b>	BCF Family Resource Center - 480 West St., Pittsfield
<b>Program Hours</b>	Every Wednesday from 4-5:30pm
<b>HIV Screening Hours</b>	N/A
<b>Web &amp; Contact</b>	<a href="http://www.affirmativecounseling.net/liveoutloudyouthgroup.html">http://www.affirmativecounseling.net/liveoutloudyouthgroup.html</a> <a href="http://berkshirechildren.org">http://berkshirechildren.org</a> <a href="https://www.facebook.com/groups/lolyp/">https://www.facebook.com/groups/lolyp/</a> 413-442-5333 x 6800 or text 413-449-6683

<b><u>McVAGLY - Merrimack Valley Alliance of GLBT Youth</u></b>	
McVAGLY aims to provide LGBT youth from the Merrimack Valley a safe environment in which to gather weekly to discuss issues that may not be adequately addressed elsewhere. These issues may include coming out, safe sex, high school and middle school GSA's, suicide, and GLBT rights in the community. All meetings are facilitated by high school and college students and chaperoned by adults 25+ years of age	
<b>Meeting Address</b>	North Parish Unitarian Universalist Church - 190 Academy Road, North Andover
<b>Program Hours</b>	Mondays - 6:30-8:30pm
<b>HIV Screening Hours</b>	N/A
<b>Web &amp; Contact</b>	<a href="http://www.facebook.com/mcvagly">www.facebook.com/mcvagly</a> Tad Bickford, Adult Advisor: <a href="mailto:tad.bickford@gmail.com">tad.bickford@gmail.com</a>

<b><u>nAGLY - North Shore Alliance of GLBT Youth</u></b>	
nAGLY offers support groups for parents, and youths, as well as providing drop in hours every Friday. The youth group serves ages 14-23. Additionally, they also offer movie nights once a month.	
<b>Meeting Address</b>	Museum Place Mall, 2 East India Square, Suite 121, Salem
<b>Program Hours</b>	Youth meetings: Every Tuesday - 5:30-8:30pm EPIC@nAGLY (Educators and Parents in Communication): Every Other Monday - 7:00 – 8:30 PM Every Other Tuesday - 6:30 – 8:30 PM Drop-in hours: Fridays - 2:00-8:00pm TRANS-cendence: 1st and 3rd Wednesdays 6:30-8:30pm Movie night (17+): Last Friday of the month 5:00-8:00pm
<b>HIV Screening Hours</b>	2nd Tuesday of the month 5:00-8:00pm (provided by Healthy Streets)
<b>Web &amp; Contact</b>	<a href="http://www.nagly.org">www.nagly.org</a> <a href="http://www.facebook.com/northshoreglbtyouth">www.facebook.com/northshoreglbtyouth</a> <a href="mailto:naglyleaders@gmail.com">naglyleaders@gmail.com</a> 978-224-2101

**NB-AGLY - New Bedford Alliance of GLBT Youth**

NB-AGLY is a perfect place; where all LGBTQ Youth and their allies come to seek support, friendship, and a family. They are a community based LGBTQ youth organization, located in New Bedford, MA. Youths between the ages of 14-24 come together to support each other and talk about issues affecting LGBTQ youth and their allies. They provide weekly drop times to come in and talk about LGBTQ issues in their community and in the Nation. They provide weekly Yoga nights and a bi-weekly Smoking Harm Reduction night, followed by a movie. Also, they provide support and information dealing with prevention of STI's and HIV

<b>Meeting Address</b>	484 Pleasant Street, New Bedford
<b>Program Hours</b>	Thursdays - 5:00-7:00pm
<b>Web &amp; Contact</b>	<a href="http://aperfectplace.org/">http://aperfectplace.org/</a> <a href="http://aperfectplace.org/Contact%20Information">aperfectplace.Contact Information</a> <a href="https://www.facebook.com/groups/NBAGLY/">https://www.facebook.com/groups/NBAGLY/</a> 508-977-8040

**OUT NOW** - Out Now, Inc. is a diverse Lesbian, Gay, Bisexual, Transgender, Two Spirit, Queer, Questioning, Intersex, Neutral, and Allied youth organization. They are dedicated to the support, safety, understanding, acceptance, equality, and liberation of the LGBTTSQQINA community at home, in schools, and throughout society.

<b>Meeting Address</b>	1695 Main Street 2F, Springfield
<b>Program Hours</b>	Wednesdays - 5:00-7:00pm (drop-in/support group)
<b>HIV Screening Hours</b>	Every 2 <sup>nd</sup> Wednesday during program hours (provided by <a href="#">Tapestry Health</a> )
<b>Web &amp; Contact</b>	<a href="http://www.outnowyouth.org/">www.outnowyouth.org/</a> <a href="https://www.facebook.com/OutNowSpringfieldMA">https://www.facebook.com/OutNowSpringfieldMA</a> 413-736-4610

**SShAGLY- South Shore Alliance of GLBT Youth**

<b>Meeting Address</b>	First Parish Unitarian Universalist Church, 842 Tremont St., Duxbury
<b>Program Hours</b>	2nd and 4th Monday from 7:00-9:00 pm
<b>Web &amp; Contact</b>	<a href="https://www.facebook.com/sshagly.southshore">https://www.facebook.com/sshagly.southshore</a> <a href="mailto:sshagly@gmail.com">sshagly@gmail.com</a> 781-236-3087

**SWAGLY** - Supporters of Worcester Area GLBT Youth - A Program of AIDS Project Worcester

<b>Meeting Address</b>	85 Green Street, Worcester - entrance is on 12 Plymouth St.
<b>Program Hours</b>	Wednesdays - 5:30-8:00pm
<b>HIV Screening Hours</b>	Last Wednesday of the month during program hours APW Walk-in Hours are daily – 8:30 am to 4:00 pm and Saturday from noon to 4:00 pm
<b>Web &amp; Contact</b>	<a href="http://www.aidsprojectworcester.org/swagly/">http://www.aidsprojectworcester.org/swagly/</a> <a href="mailto:swagly@aidsprojectworcester.org">swagly@aidsprojectworcester.org</a> or <a href="mailto:social@aidsprojectworcester.org">social@aidsprojectworcester.org</a> 508-755-3773, ext. 42

**WAGLY** - West Suburban Alliance of Gay and Lesbian Youth - A Program of Out MetroWest  
Out MetroWest, Inc. - OUT MetroWest enriches the LGBTQ community in MetroWest Boston. They offer 3 programs, NEXUS, UMBRELLA, WAGLY, and DROP-IN groups which support education and advocacy for Youths and Allies.

<b>WAGLY</b>	All LGBTQ high school youth
<b>Meeting Address</b>	309 Washington Street, Unitarian Universalist Society Wellesley Hills
<b>Program Hours</b>	Every non-holiday Monday 6:45-8:30pm
<b>HIV Screening Hours</b>	Once per quarter on-site during regular program hours (provided by <a href="#">RISE/JRI Health</a> ). Contact Out MetroWest for dates.
<b>Web &amp; Contact</b>	<a href="http://www.outmetrowest.org/">www.outmetrowest.org/</a> <a href="https://facebook.com/outmetrowest/">facebook.com/outmetrowest/</a> <a href="mailto:info@outmetrowest.org">info@outmetrowest.org</a> 508-875-2122
<b>MetroWest DROP-IN</b>	All queer youth in grades 6 through 12 are welcome to attend drop-in hours. This group provides a less structured alternative to our regularly-scheduled Nexus, Umbrella, and WAGLY programs, and youth are welcome to attend both.
<b>Meeting Address</b>	929 Worcester Road, Framingham (for GPS purposes, please input 1 Library Street, Framingham)
<b>Program Hours</b>	Each Thursday from 3-6 p.m.

**NEXUS – Framingham Location** - For LGBTQ and allied middle school youth. Open to all youth in grades 6-8, Nexus provides a safe space to explore questions relating to sexual orientation and gender identity. Meetings include a light dinner along with check-ins, group discussions, and diverse activities

<b>Meeting Address</b>	First Parish Framingham, 24 Vernon Street, Framingham, MA
<b>Program Hours</b>	The second Wednesday of every month (except holidays) 6:30-8:00 p.m
<b>Web &amp; Contact</b>	<a href="#">Out MetroWest - Umbrella</a> OUT Metrowest, P.O. Box 2122, Framingham, MA 01703 508-875-2122 <a href="mailto:info@outmetrowest.org">info@outmetrowest.org</a>

**NEXUS – Newton Location** - For LGBTQ and allied middle school youth. Open to all youth in grades 6-8, Nexus provides a safe space to explore questions relating to sexual orientation and gender identity. Meetings include a light dinner along with check-ins, group discussions, and diverse activities

<b>Meeting Address</b>	Eliot Church of Newton, 474 Centre Street, Newton, MA
<b>Program Hours</b>	The fourth Wednesday of every month (except holidays) 6:30-8:00 p.m.
<b>Web &amp; Contact</b>	<a href="#">Out MetroWest - Umbrella</a> OUT Metrowest, P.O. Box 2122, Framingham, MA 01703 508-875-2122 <a href="mailto:info@outmetrowest.org">info@outmetrowest.org</a>

**UMBRELLA – Wellesley Location** - This is a trans-facilitated program for transgender and gender non-conforming **high school youth**. Umbrella is a supportive, social, and educational group facilitated by trans adults.

<b>Meeting Address</b>	The Unitarian Universalist Society, 309 Washington Street, Wellesley Hills – Signs are on the door for meeting room
<b>Program Hours</b>	First Wednesday of every month (except holidays) 6:45-8:30 pm
<b>Web &amp; Contact</b>	<a href="#">Out MetroWest - Umbrella</a> OUT Metrowest, P.O. Box 2122, Framingham, MA 01703 508-875-2122 <a href="mailto:info@outmetrowest.org">info@outmetrowest.org</a>

**UMBRELLA – Framingham Location** - This is a trans-facilitated program for transgender and gender non-conforming **high school youth**.

<b>Meeting Address</b>	First Parish Framingham, 24 Vernon Street, Framingham
<b>Program Hours</b>	Third Wednesday of every month (except holidays) 6:45-8:30 pm
<b>Web &amp; Contact</b>	<a href="#">Out MetroWest - Umbrella</a> OUT Metrowest, P.O. Box 2122, Framingham, MA 01703 508-875-2122 <a href="mailto:info@outmetrowest.org">info@outmetrowest.org</a>

**Boston Area Homeschoolers' Queer-Straight Alliance (BAHS QSA)** – This is a safe, confidential space where teens can come together to support each other, fight for social justice, education one another and the community, and plan social and educational events.

<b><u>BAHS QSA at Robbins Library</u></b> -	
<b>Meeting Address</b>	Robbins Library Conference Room 700 Massachusetts Avenue Arlington, MA 02476
<b>Program Hours</b>	Tuesday Mornings – 10 am to 12 Noon
<b>Web &amp; Contact</b>	<a href="https://bahsqa.wordpress.com/about/">https://bahsqa.wordpress.com/about/</a> <a href="#">BAHSQSA Facebook</a> <a href="https://twitter.com/bahs_qsa">https://twitter.com/bahs_qsa</a>

## Fenway Community Health

The Fenway Community Health is a community health center serving the transgender, gay, lesbian and bisexual communities as well as people in the Fenway neighborhood. They offer a telephone hotline support. You can receive help, information, referrals, and support for a range of issues without being judged or rushed into any decision you are not prepared to make. Talk to trained volunteers about safer sex, coming out, where to find gay-friendly establishments, HIV and AIDS, depression, suicide, and anti-gay/lesbian harassment and violence.

The help lines are anonymous and confidential phone lines that offer lesbian, gay, bisexual, transgender, queer and questioning adults and young people a “safe place” to call for information, referrals, and support.

<b><u>LGBT Helpline (25+)</u></b>
617-267-9001 and Toll-Free - 1-888-340-4528
Hours - Monday – Saturday, 6:00 – 11:00 pm
<b><u>Peer Listening Line (25 &amp; Under)</u></b>
617-267-2535 and Toll-Free -1-800-399-7337
Hours - Monday – Saturday, 5:00 – 10:00 pm

## **Sidney Borum Jr. Health Center Drop In Meetings:**

**For Parents/Guardians/Caregivers** – Trans, non-binary, genderqueer, gender nonconforming, and gender questioning, young people, whom are between the ages of 12-29 years old. This is an opportunity to talk with a medical provider and a behavioral health provider, as well as other parents/guardians, and ask any questions or voice any concerns. No matter their level of trans literacy, it's an environment where guardians can get support and information, and process thoughts and emotions that might not feel comfortable or appropriate to talk about with the trans and gnc young people in their lives.

<b>Meeting Address</b>	Sidney Borum Jr. Health Center 75 Kneeland Street, 2 <sup>nd</sup> Floor, Boston, MA 02111
<b>Program Hours</b>	First Thursday of each month - 7:00 pm – 8:30 pm
<b>Web &amp; Contact</b>	<a href="http://fenwayhealth.org/care/behavioral-health/support-groups/">http://fenwayhealth.org/care/behavioral-health/support-groups/</a> Click on Drop-In Groups on this page. Rebecca Henderson, LICSW - <a href="mailto:rhenderson@fenwayhealth.org">rhenderson@fenwayhealth.org</a> 617.927.6376

## **For Transgender Support Group – ages 18+**

Open to all trans and gender expansive persons regardless of gender identity or expression.

<b>Meeting Address</b>	<a href="#">Fenway Health – Ansin Building</a> 1340 Boylston Street, 9 <sup>th</sup> Floor Conference Room 1, Boston
<b>Program Hours</b>	First Tuesday & Third Tuesday each month - 6:00 pm - 7:30 pm
<b>Web &amp; Contact</b>	<a href="mailto:transhealth@fenwayhealth.org">transhealth@fenwayhealth.org</a>

**Youth Transgender Support Group – Youths under age 18**

<b>Meeting Address</b>	<a href="#">Fenway Health – Ansin Building</a> 1340 Boylston Street, 9 <sup>th</sup> Floor Conference Room 1, Boston
<b>Program Hours</b>	First Tuesday & Third Tuesday each month - 6:00 pm - 7:30 pm
<b>Web &amp; Contact</b>	<a href="mailto:transhealth@fenwayhealth.org">transhealth@fenwayhealth.org</a>

**Support for Non-transgender Partners of Transgender People** - This is a monthly drop-in night for non-transgender people who are in an intimate relationship with a transgender person. (Relationship meaning: long-term, dating, casual, open or monogamous). The group will provide a space for non-judgmental and uninhibited conversation, support, and resources.

<b>Meeting Address</b>	<a href="#">Fenway Health – Ansin Building</a> 1340 Boylston Street, 9 <sup>th</sup> Floor, Boston
<b>Program Hours</b>	First Wednesday of each month - 6:30 to 7:45 pm
<b>Web &amp; Contact</b>	<a href="http://fenwayhealth.org/care/behavioral-health/support-groups/">http://fenwayhealth.org/care/behavioral-health/support-groups/</a> Sarah Eley, LICSW, 857-313-6551

**Group for Parents/Prospective Parents who are Trans/Gender non-conforming/Non-binary**

–Meet other who are parents or planning children to build support and community. Partners/spouses and young children welcome. No charge. No childcare provided. Facilitated by a non-transgender therapist and ally. Please RSVP – 617-927-6243

<b>Meeting Address</b>	<a href="#">Fenway Health – Ansin Building</a> 1340 Boylston Street, 9 <sup>th</sup> Floor, Boston
<b>Program Hours</b>	Held monthly on Wednesdays - 6:00 to 7:15 pm
<b>Web &amp; Contact</b>	Liz Coolidge - 617-927-6243

**Greater Boston PFLAG** - Greater Boston PFLAG works to create environments of understanding so that all people can live with dignity and respect through Advocacy, Education, and Support.

Greater Boston PFLAG provides an opportunity for dialogue about sexual orientation and gender identity, and act to create a society that is healthy and respectful of human diversity. They are a group of parents, families, friends, and lesbian, gay, bisexual, transgender, and queer people, helping to change attitudes and create an environment of understanding so that LGBTQ family members and friends can live in a world that is safe and inclusive.

- Monthly group [support meetings](#)
- Confidential [telephone support](#) and information
- [Parent-to-parent support](#)
- Publications
- [Safe Schools Program](#) teacher and student training
- [Speakers bureau](#)
- Community forums and evening programs
- [Elsie Frank Scholarship Program](#)
- PTA/PTO training and parent programs
- Gay straight alliance assistance

**HELPLINE:** This helpline is staffed by trained volunteers. Dial [866-427-3524](tel:866-427-3524) or email them at [helpline@gbplag.org](mailto:helpline@gbplag.org)

Their [One to One Parent Program](#) can arrange a meeting between you and a volunteer, if you don't want to wait until the next meeting or getting to meetings is difficult.

**Groups for Parent, Friends, Family, and Members of the LGBTQ+ Community**

<b><u>Parents of Transgender and Gender Non-Conforming Children Support Groups</u></b>	
<b>Andover</b>	<a href="mailto:merrimackvalleypflagT@gbpflag.org">merrimackvalleypflagT@gbpflag.org</a>
<b>Easton</b>	Ken - <a href="mailto:Ken@ThinkRes.com">Ken@ThinkRes.com</a>
<b>Waltham</b>	Wendy - <a href="mailto:walthamchapterT@gbpflag.org">walthamchapterT@gbpflag.org</a>
<b><u>Wellesley Hills</u></b>	4 <sup>th</sup> Monday of every month (except Holidays) – 7:00 - 8:30 p.m.
<b>Meeting Address</b>	Parish Hall of the Unitarian Universalist – Rice House - 309 Washington St., Wellesley Hills, MA
<b><u>Framingham</u></b>	3 <sup>rd</sup> Wednesday of every month (except holidays) - 6:45-8:30 PM
<b>Meeting Address</b>	First Parish Framingham - 24 Vernon St., Framingham, MA

<b><u>Parents of Male to Female Transgender/Gender Non-Conforming Children</u></b>	
<b>Meeting Address</b>	Waltham
<b>Contact for Details</b>	Wendy - <a href="mailto:walthammtf@gbpflag.org">walthammtf@gbpflag.org</a>

<b><u>Moms of Transgender/Gender Non-Conforming Children Coffee Group</u></b>	
<b>Meeting Address</b>	Waltham
<b>Contact for Details</b>	Carol - <a href="mailto:cvbcaravana@gmail.com">cvbcaravana@gmail.com</a>

<b><u>Dads of Transgender/Gender Non-Conforming Children</u></b>	
<b>Meeting Address</b>	Waltham
<b>Contact for Details</b>	Bob - <a href="mailto:walthamdads@gbpflag.org">walthamdads@gbpflag.org</a>

<b><u>Arlington – First Parish Church</u></b>	
<b>Meeting Address</b>	1 <sup>st</sup> Parish Church, 630 Massachusetts Ave. Arlington
<b>Program Hours</b>	2 <sup>nd</sup> Tuesday of the Month at 7:15 pm
<b>Web &amp; Contact</b>	Charlotte - <a href="mailto:Arlingtongroup@gbpflag.org">Arlingtongroup@gbpflag.org</a>



**Essex/Cape Ann – First Universalist Church of Essex**

<b>Meeting Address</b>	First Universalist Church of Essex, 57 Main St., Essex
<b>Program Hours</b>	First Tuesday of the Month at 7:00 pm
<b>Web &amp; Contact</b>	Melanie - <a href="mailto:wecartie@yahoo.com">wecartie@yahoo.com</a>

**Concord - Concord Union Church**

<b>Meeting Address</b>	Concord Union Church, 1317 Main St., Concord
<b>Program Hours</b>	3 <sup>rd</sup> Sunday of the Month at 7:00 pm
<b>Web &amp; Contact</b>	Ken - <a href="mailto:kheideman@ametsoc.org">kheideman@ametsoc.org</a>

**Framingham - First Parish**

<b>Meeting Address</b>	24 Vernon St., Framingham
<b>Program Hours</b>	2 <sup>nd</sup> Wednesday of the month - 6:30 pm <a href="#">NEXUS</a> - LGBTQ group for middle school aged youth (grades 6-8) also at 6:30
<b>Web &amp; Contact</b>	Susan - <a href="mailto:framingham@gbpflag.org">framingham@gbpflag.org</a>

**Lexington – First Parish Church**

<b>Meeting Address</b>	First Parish Church, 7 Harrington Rd., Lexington
<b>Program Hours</b>	2 <sup>nd</sup> Thursday of the month at 7:00 pm
<b>Web &amp; Contact</b>	Bob - <a href="mailto:lexingtonsupport@gbpflag.org">lexingtonsupport@gbpflag.org</a>

**Metrowest - Unitarian Universalists (UU)**

<b>Meeting Address</b>	Rice House - 309 Washington St., Wellesley Hills
<b>Program Hours</b>	4 <sup>th</sup> Monday of the month at 7:00 pm 6:45 pm - 8:30 pm <a href="#">WAGLY</a> - High School Youth
<b>Web &amp; Contact</b>	<a href="mailto:metrowestpflag@verizon.net">metrowestpflag@verizon.net</a>

**Newton - Eliot Church**

<b>Meeting Address</b>	Eliot Church - 474 Centre St., Newton
<b>Program Hours</b>	4 <sup>th</sup> Wednesday of every month at 6:30 pm <a href="#">NEXUS</a> - LGBTQ group for middle school aged youth (grades 6-8) also at 6:30
<b>Web &amp; Contact</b>	Athena or Carol - <a href="mailto:newtonsupport@gbpflag.org">newtonsupport@gbpflag.org</a>



<b><u>North Easton - Unity Church</u></b>	
<b>Meeting Address</b>	Unity Church, 7 Main St., North Easton
<b>Program Hours</b>	4 <sup>th</sup> Monday of the Month (if Holiday, then 3 <sup>rd</sup> Monday)
<b>Web &amp; Contact</b>	John - <a href="mailto:cardoza@comcast.net">cardoza@comcast.net</a>

<b><u>Reading - Unitarian Universalist (UU)</u></b>	
<b>Meeting Address</b>	Loring House – 211 Summer Ave, Reading
<b>Program Hours</b>	2 <sup>nd</sup> Thursday of the month at 7:00 pm
<b>Web &amp; Contact</b>	Martha - <a href="mailto:pflagreading@gmail.com">pflagreading@gmail.com</a>

<b><u>South Shore – Duxbury – First Parish Church</u></b>	
<b>Meeting Address</b>	First Parish Church, 842 Tremont St. (Rt. 3A), Duxbury
<b>Program Hours</b>	4 <sup>th</sup> Monday of the month at 7:00 pm
<b>Web &amp; Contact</b>	<a href="mailto:duxburypflag@gmail.com">duxburypflag@gmail.com</a>

<b><u>Lowell</u></b>	
<b>Meeting Address</b>	One Hospital Drive, 2 <sup>nd</sup> Floor
<b>Program Hours</b>	1 <sup>st</sup> Saturday of the Month
<b>Web &amp; Contact</b>	<a href="mailto:lowell@gbpflag.org">lowell@gbpflag.org</a>

**Home For Little Wanderers (YARN Program) -**

The Young Adult Resource Network (YARN) is a support program that assists youth, ages 17–22, involved with the Department of Children and Families (DCF), navigate the transition from systems of state care to independent living. Safe Space at YARN Safe Space is a program for LGBTQ youth offering services, amenities, and a connection to the community.

<b><u>Yarn Safe Spaces For LGBT Youth</u></b> – Youths can be referred to the YARN program by their DCF social worker through the resource coordinators at their specific DCF area office	
<b>Meeting Address</b>	88-98 Nightingale Street Dorchester, MA 02124
<b>Program Hours</b>	Monday–Friday 11 am–7 pm* (*Time subject to change)
<b>Web &amp; Contact</b>	<a href="#">YARN Safe Spaces for LGBT</a> Contact the Assistant Program Director at 617-287-0160

The Hispanic Black Gay Coalition (HBGC) – The HBGC is dedicated to the unique and complex needs of the Black, Latinx, and POC (People of Color) LGBTQ community. They work to inspire and empower Latinx and Black LGBTQ individuals to improve their livelihood through activism, education, community outreach, and counseling.

**Hues Sister Circle** - A safer space for queer womyn of color to meet and discuss issues central to building community and affirming oneself and others.

<b>Meeting Address</b>	89 South St., Suite 203, Boston, MA 02111
<b>Program Hours</b>	Typically held the second Wednesday of every month from 5-7 p.m.
<b>HIV Testing &amp; Counseling</b>	Free and confidential HIV testing and/or sexual health counseling is available through our partner <a href="#">Whittier Street Health Center</a> . Whittier Street provides rapid HIV testing through the Project Me program. <a href="#">Email</a> or call for more information or referral to testing and counseling
<b>Web &amp; Contact</b>	<a href="#">HBGC - HUES Sister Circle</a> <a href="mailto:jsurlavargas@hbgc-boston.org">jsurlavargas@hbgc-boston.org</a>

**BLAQT** - (Black, Latinx, Asia, African, African-American, Queer and, Trans) Men's Discussion Group meets monthly to bring visibility to the unique experiences that GBTQ men of Color go through, and help GBTQ Men of Color find access to services that are available in the Greater Boston area.

<b>Meeting Address</b>	89 South St., Suite 203, Boston, MA 02111
<b>Program Hours</b>	Third Wednesday of the month - 7:00 - 9:00 pm -Call to confirm
<b>HIV Testing &amp; Counseling</b>	Free and confidential HIV/STD & Hep C testing and/or sexual health counseling is available through our partner <a href="#">Whittier Street Health Center</a> through the Project Me program. Email <a href="mailto:info@hbgc-boston.org">info@hbgc-boston.org</a> or call Project Me at 617-308-0060 for more information or referral to testing and counseling.
<b>Web &amp; Contact</b>	<a href="http://www.hbgc-boston.org/">http://www.hbgc-boston.org/</a>

**JRI HEALTH** - Boston GLASS provides counseling, advocacy and referrals for health care services and housing to lesbian, gay, bisexual, transgender, and questioning teens and young adults, many of whom are youth of color, ages 13-25. GLASS offers LGBTQ+ youth of color a drop-in space five days a week, support groups, counseling services, youth leadership development, community education, HIV/STI and Viral Hepatitis screenings, and their mobile Prevention Team extends its HIV/STI and Viral Hepatitis testing and counseling services to our community partners, travelling to events and organizations around Boston, providing onsite HIV/STI testing and counseling at no cost to the individual or host organization. Please call 857-399-1920 to set up a testing event.

<b>Boston Glass Community Center</b> - This is a Drop-In Community Center for LGBTQ+ youth of color between the ages of 13–25, Monday through Friday. Programming includes support groups, educational workshops, social events, access to computers and internet, food, toiletries, clothes, games, and more.	
<b>Meeting Address</b>	75 Amory Street, Garden Level, Rear Entrance, Boston, MA 02119
<b>Program Hours</b>	Drop-in space is five days a week (Mon-Fri) Click for a list of drop-in groups <a href="#">Groups and Activities</a>
<b>HIV Screening Hours</b>	<b>M,T,TH</b> – 1-6pm & <b>W</b> – 1-7 pm & <b>F</b> – 1-5 pm
<b>Web &amp; Contact</b>	<a href="https://jri.org/services/health-and-housing/health/boston-glass">https://jri.org/services/health-and-housing/health/boston-glass</a> Click for a list of drop-in groups - <a href="#">Groups and Activities</a> Mio Tamanaha, MPH - <a href="mailto:mtamanaha@jri.org">mtamanaha@jri.org</a> Director of Youth Services - (857) 399-1920 x 2322

**Massachusetts Asian + Pacific Islanders (MAP)** – They provide health counseling and support, referral and screening services, and general health promotion and advocacy for APIs in the Boston metro area and beyond.

**ASIAN PRIDE** - Asian Pride is a youth development and leadership program providing services for LGBTQ+ youth of Asian and Pacific Islander descent. Allies and friends of LGBTQ+ identified youth are also welcome to participate. The program serves as an open, safe space for youth ages 16-24 to explore their identities while building job & life skills, and a sense of community with their peers.

<b>The Queer South Asian Collective</b> - This is a South Asian queer space that was intentional about being inclusive of all identities, genders, orientations, abilities, immigrant experiences, South Asian diaspora and ethnicities in the programming that we do, and in our membership and leadership. They hold monthly support group meetings	
<b>Meeting Address</b>	MAP for Health - 322 Tremont Street - Boston, MA 02116
<b>Program Hours</b>	First Saturday of the Month – 4pm to 6 pm
<b>Hepatitis B Screening Hours</b>	At MAP for Health and/or other local community organizations. HBI has also developed a 15-minute presentation that covers what Hepatitis B is, the importance of screening, and how it can be prevented.
<b>Web &amp; Contact</b>	<a href="http://www.maphealth.org/asian-pride/">http://www.maphealth.org/asian-pride/</a> <a href="mailto:map@maphealth.org">map@maphealth.org</a>

Mystic LGBTQ+ Youth Support Network – This grassroots organization is committed to supporting the safety, well-being and celebration of LGBTQ+ youth in and around Arlington, Massachusetts. Their wish is for LGBTQ+ youth to have always the freedom to express themselves openly in their identity. They function as a bridging network among existing services in local schools, libraries, and other organizations serving youth in the Mystic region north of Boston, including Arlington, Belmont, Concord, Lexington, Medford, Winchester and Middlesex County, Massachusetts. <http://www.queermystic.org/events.html>

**Robbins Library** - They hold Monthly Teen Drop in Night and other events for LGBTQ+ teens. They also hold a Queer Book Group for adult and older teens

<b>Meeting Address</b>	Robbins Library Community Room 700 Massachusetts Avenue Arlington, MA 02476 United States
<b>Program Hours</b>	Teen Drop In Night - Thursdays - 7:00 pm to 8:30 pm Queer Book Club – Last Wednesday of the Month at 7:00 PM
<b>Web &amp; Contact</b>	<a href="https://www.robbslibrary.org/event/teen-lgbtqia-drop-in/">https://www.robbslibrary.org/event/teen-lgbtqia-drop-in/</a> <a href="#">Facebook - Mystic LGBTQ Youth Support Network</a> <a href="mailto:mcoffey@minlib.net">mcoffey@minlib.net</a> <a href="#">Megan, Teen Services Librarian</a> - 781-316-3204

**Arlington High School Gender & Sexuality Alliance** - The club's goal is to educate people about the LGBTQ spectrum, and to discuss issues in the LGBTQ community.

<b>Meeting Address</b>	Arlington High School - Arlington - MA - 02476
<b>Program Hours</b>	Thursdays – After School – Room 413 - During X-Block on Tuesdays
<b>Web &amp; Contact</b>	<a href="#">Arlington High School Clubs</a>

**Ottoson Middle School Queer Straight Alliance** - The QSA is a place where kids of all sexualities and gender identities can go to discuss issues having to do with Lesbian, Gay, Bisexual, Transgender life and Human Rights, including coming out, bullying, how to support a friend who comes out to you, and how to seek help when you or a friend needs it.

<b>Meeting Address</b>	63 Acton Street – Arlington - MA - 02476
<b>Program Hours</b>	Mondays – 2:30 to 3:15 – Room 356
<b>Web &amp; Contact</b>	Ms. Siegel - <a href="mailto:nsiegel@arlington.k12.ma.us">nsiegel@arlington.k12.ma.us</a> 781-316-3745 x1316

**The Rainbow Alliance** - a Brackett after-school club will help 4th and 5th grade students gain a better understanding for the LGBTQ+ community. This is a safe space to learn about and discuss age appropriate LGTQ+ [topics](#)

<b>Meeting Address</b>	Brackett Elementary School - 66 Eastern Ave. – Arlington - MA
<b>Program Hours</b>	Mondays – 2:30 to 3:30
<b>Web &amp; Contact</b>	Anita Christina Calceterra <a href="mailto:acalcaterra@arlington.k12.ma.us">acalcaterra@arlington.k12.ma.us</a> .

**Gender Support Group** -

<b>Meeting Address</b>	Arlington High School in Room 307 Fusco House, Arlington High School
<b>Program Hours</b>	Second and Fourth Fridays of the month 10-10:30am
<b>Web &amp; Contact</b>	Andrea Razi for more information <a href="mailto:arazi[at]arlington.k12.ma.us">arazi[at]arlington.k12.ma.us</a>

**PFLAG of Greater Worcester** – They promote the health and well-being of gay, lesbian, bisexual and transgender people, their families and friends through: Support, Education, and Advocacy, in efforts to end discrimination and secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity.

<b>Meeting Address</b>	4 Mann Street, Worcester – Side Parking Lot and Side Door
<b>Program Hours</b>	Third Wednesday of Each Month - 7:00-9:00 pm
<b>HIV Screening Hours</b>	FREE on-site HIV testing through Aids Project Worcester at the Drop-In Center Once a month Thursdays
<b>Web &amp; Contact</b>	<a href="http://www.worcesterpflag.org/">www.worcesterpflag.org/</a> Laura Farnsworth, Director Tel: 508-631-2699 E-Mail: <a href="mailto:pflagworchester@yahoo.com">pflagworchester@yahoo.com</a>

**Queer South Asian Collective** - They are a group of LGBTQIA folx, residing in the Greater Boston Area, who can trace their heritage to South Asia or identify as South Asian. They do community building, organizing and advocacy work within the local LGBTQIA South Asian community and in solidarity with other marginalized communities. Check the Facebook page for updates on group meet-ups.

<b>Meeting Address</b>	322 Tremont St, Boston, MA 02116
<b>Program Hours</b>	1 <sup>st</sup> Saturday of every Month – 4:00 -6:00 pm
<b>Web &amp; Contact</b>	<a href="https://www.facebook.com/queersouthasiancollective/">https://www.facebook.com/queersouthasiancollective/</a> <a href="http://queersouthasiancollective.com/">http://queersouthasiancollective.com/</a>

Riverside Community Care – This is a not-for-profit behavioral healthcare and human service organization providing compassionate, locally-based, integrated behavioral healthcare and human services. Our Needham office offers ROSE LGBTQ+Allies - a supportive and recreational group for LGBTQ+ Youths

<b>ROSE LGBTQ+Allies</b>	Respect, Open-Minded, Support, and Equality - Youths ages 13yrs +
<b>Meeting Address</b>	255 Highland Ave., Needham, MA - The Trauma Center
<b>Program Hours</b>	Thursday – Weekly – 3:30 to 7:30
<b>Web &amp; Contact</b>	Lorraine Helfand-Garcia, Program Director 781-247-0075 x4969 <a href="mailto:lgarcia@riversidecc.org">lgarcia@riversidecc.org</a>

Safe Homes - Safe Homes is a program of The Bridge of Central Massachusetts, a human services agency headquartered in Worcester. They provide specialized services, supporting lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people, and their straight allies, between the ages of 14 and 23. The group is led by youth peer leaders, professional staff, and volunteers who offer support, resources, and opportunities for socialization in a safe and nurturing environment.

The goal is to offer support to LGBTQ youth throughout Central Massachusetts, to decrease isolation, and foster general health and well-being. Their mission is to provide safe and supportive services for LGBTQ youth so they feel nurtured and validated in all aspects of their identity. They offer a food pantry, transgender closet, free bus passes, etc.

<b>Meeting Address</b>	4 Mann Street, Worcester – Side Parking Lot and Side Door
<b>Program Hours</b>	<b>Drop-In Center</b> - Thursdays - 6:30-9:00 – Dinner, social time, and discussion. Ages 14-23 - Free <b>T-Time</b> - First and Third Thursdays - 5:30-6:30 - a safe space for Trans* and gender non-conforming youth
<b>HIV Screening Hours</b>	FREE on-site HIV testing through Aids Project Worcester at the Drop-In Center Once a month Thursdays
<b>Web &amp; Contact</b>	<a href="http://www.safehomesma.org/">www.safehomesma.org/</a> Laura Farnsworth, Program Manager <a href="mailto:laura.farnsworth@thebridgecm.org">laura.farnsworth@thebridgecm.org</a> 508-755-0333

**SAYFTEE** - is a Boston-area, for profit organization offering, workshops, groups, and services that meet the needs of gender expansive and LGBTQI youth and families in MA.

**The Meeting Point** – Support for families with transgender/gender non-conforming children through fee based Workshops and Classes

**Gender Xplorers**

Multi-family parent/playgroup (gender expansive kids 11 and under and their parents and siblings)

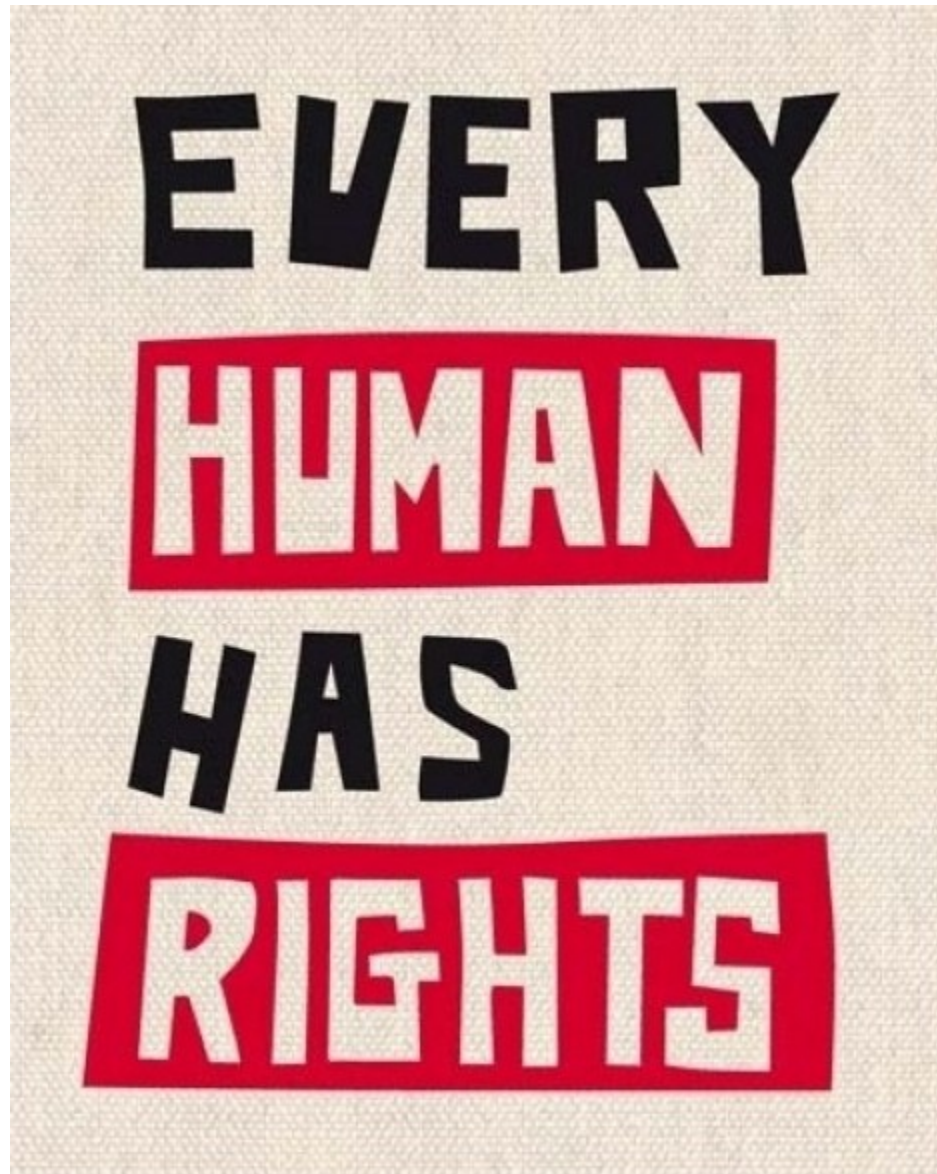
This 2.5 hour group occurs monthly. All groups are led by Licensed therapists. The goal of this group is to connect gender expansive children and their families, including siblings. The intention is to increase comfort with gender diversity and foster support as families navigate the world with a gender expansive child.

<b>Meeting Address</b>	The Meeting Point 3464 Washington Street Jamaica Plain, MA 02130
<b>Program Hours</b>	<b>Call for hours</b> 2 ½ hour Meeting <ul style="list-style-type: none"><li>• The first 30 minutes - families will meet together for a group activity</li><li>• The next 90 minutes - the parents participate in an exploratory/navigational parent group for a gender expansive child. The gender expansive child and siblings participate in a structured play activity</li><li>• The final 30 minutes -both groups reunite for reflection</li></ul>
<b>Web &amp; Contact</b>	Web: <a href="http://themeetingpoint.org/transgender-youth-and-families/">http://themeetingpoint.org/transgender-youth-and-families/</a> Contact Melissa at <a href="mailto:melissa@sayftee.com">melissa@sayftee.com</a> for more information 877-207-8479





# ACTIVISM AND LEGAL RESOURCES



## ACLU

The American Civil Liberties Union has a history of defending the LGBT community. They brought their first LGBT rights case in 1936 and founded the LGBT Project in 1986. Today, the ACLU brings more LGBT cases and advocacy initiatives than any other national organization does.

<b>Web &amp; Contact</b>	ACLU of Massachusetts Executive Director: Carol Rose <a href="mailto:info@aclum.org">info@aclum.org</a> 211 Congress Street Boston, MA 02110 United States  (617) 482-3170 Fax: (617) 451-0009 Web: <a href="http://www.aclum.org">http://www.aclum.org</a> and National - <a href="https://www.aclu.org/issues/lgbt-rights">https://www.aclu.org/issues/lgbt-rights</a>
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## Advocates For Youth

Advocates for Youth partners with youth leaders, adult allies, and youth-serving organizations advocating for policies and champion programs that recognize young people's rights to honest sexual health information, accessible, confidential, and affordable sexual health services, and the resources and opportunities necessary to create sexual health equity for all youth.

<b>Web &amp; Contact</b>	<a href="#">Advocates for Youth - LGBTQ Issues</a> 1325 G Street NW, Suite 980 Washington, DC 20005 Phone: 202.419.3420 Fax: 202.419.1448
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## GLAD

GLAD has GLBTQ Legal Advocates & Defenders working throughout New England, and nationally, to create a just society; free of discrimination based on gender identity and expression, HIV status, and sexual orientation through strategic litigation, public policy advocacy, and education.

<b>Web &amp; Contact</b>	<a href="https://www.glad.org/">https://www.glad.org/</a> <a href="mailto:gladlaw@glad.org">gladlaw@glad.org</a> GLBTQ Legal Advocates & Defenders 30 Winter Street, STE 800 Boston, MA 02108 Phone: 617-426-1350
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## GLSEN

GLSEN is a leader in the movement to make schools safer and more inclusive for LGBT students in the USA, and we are committed to supporting a similar mission worldwide. We want every student, in every school, to be valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. We believe that all students deserve a safe and affirming school environment where they can learn and grow. We accomplish these goals by working in hallways across the country -- from Congress and the Department of Education to schools and district offices in your community -- to improve school climate and champion LGBT issues in K-12 education.

<b>Web &amp; Contact</b>	<p><a href="https://www.glsen.org/MassachusettsChapter">https://www.glsen.org/ Massachusetts Chapter</a> GLSEN Massachusetts PO Box 2563, Amherst, MA 01004 Phone: (617) 684-5736 <a href="mailto:massachusetts@chapters.glsen.org">massachusetts@chapters.glsen.org</a> Follow us: @GLSEN_MA</p>
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## Human Rights Campaign

The Human Rights Campaign and the Human Rights Campaign Foundation together serve as America's largest civil rights organization working to achieve LGBTQ equality. By inspiring and engaging individuals and communities, HRC strives to end discrimination against LGBTQ people.

<b>Web &amp; Contact</b>	<p><a href="https://www.hrc.org/">https://www.hrc.org/</a> Human Rights Campaign 1640 Rhode Island Ave. N.W., Washington, DC 20036-3278 HRC Front Desk: (202) 628-4160 - TTY: (202) 216-1572 Toll-Free: (800) 777-4723 - Fax: (202) 347-5323</p>
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## Massequality

MassEquality is a leading Massachusetts statewide grassroots advocacy organization working to ensure that everyone across the state can thrive from cradle to grave without discrimination and oppression based on sexual orientation, gender identity, or gender expression. This is done by partnering across issues, identities and communities to build a politically powerful movement that changes hearts and minds and achieves policy and electoral victories. Frequently, they offer testimony before special legislative committees in support of our Champions Agenda.

<b>Web &amp; Contact Information</b>	<p><a href="http://www.massequality.org/">http://www.massequality.org/</a> 14 Beacon Street, Suite 620 Boston, MA 02108 Phone: (617) 878-2300 – FAX: (617) 878-2333 Email - <a href="mailto:info@massequality.org">info@massequality.org</a></p>
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## The Massachusetts Commission On Lgbtq Youth

(aka - Commission on Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ) Youth)  
The Massachusetts Commission on LGBTQ Youth is an independent state agency founded by law to advise all branches of state government on effective policies, programs, and resources for LGBTQ youth to thrive.  
The 50-member Commission, together with its staff, issue yearly recommendations and work regularly with all levels of state government on making the Commonwealth a place in which LGBTQ (and all) youth can thrive.  
The Commission also works with the Department of Elementary and Secondary Education to produce the Safe Schools Program, which organizes the statewide network of school Gender and Sexuality Alliances (GSAs) and conducts trainings in every corner of the Commonwealth.

<b>Web &amp; Contact Information</b>	<p><a href="https://www.mass.gov/orgs/massachusetts-commission-on-lgbtq-youth">https://www.mass.gov/orgs/massachusetts-commission-on-lgbtq-youth</a></p> <p>MCLGBTQY 250 Washington St, 4th Floor, Boston, MA 02108 <a href="tel:6176245495">(617) 624-5495</a> Hours M-F 10am-6pm</p> <p>Dharani Persaud, Coordinator <a href="mailto:धारणी.पर्सॉड@state.ma.us">dharani.persaud@state.ma.us</a> Corey Prachniak-Rincón, Director <a href="mailto:corey.prachniak-rincon@state.ma.us">corey.prachniak-rincon@state.ma.us</a></p>
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## The Massachusetts Transgender Political Coalition (MTPC) -

Dedicated to ending oppression and discrimination on the basis of gender identity and gender expression and rooted in social justice, MTPC educates the public, advocates with state, local, and federal government, engages in activism, and encourages empowerment of community members through collective action. Since 2001, MTPC has worked toward persons of all genders being treated with respect and fully participating in all areas of society, free from fear of discrimination, prohibition, harassment, or violence based on their gender identity and/or expression.

<b>Web &amp; Contact Information</b>	<p><a href="https://www.masstpc.org/">https://www.masstpc.org/</a> <a href="https://www.masstpc.org/community-events/calendar/">https://www.masstpc.org/community-events/calendar/</a> PO Box 960784 Boston, MA 02196 Phone: 617-778-0519 Email: <a href="mailto:info@masstpc.org">info@masstpc.org</a> <a href="mailto:calendar@masstpc.org">calendar@masstpc.org</a></p>
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# BEHAVIORAL AND CLINICAL RESOURCES



Google Image - Result for Clinical Resources images lgbtq

### Agly Network

The AGLY Network offers resources that include Substance Abuse, Addiction, Mental Health & Suicide Prevention & Support, Primary Care, Sexual & Reproductive Health, and Partner Abuse & Sexual Violence.

<b>Web &amp; Contact</b>	<a href="https://www.bagly.org/resourcesforyouth/">https://www.bagly.org/resourcesforyouth/</a>
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### Boston Children's Hospital Gender Management Service (GeMS)

The Disorders of Sex Development (DSD) and Gender Management Service (GeMS) Program, at Children's Hospital Boston, is dedicated to providing care and support to infants, children, adolescents and young adults with disorders of sex development (DSDs) and youth with concerns about gender identity. Their experienced clinicians are familiar with the mental and emotional aspects of each unique condition. They provide physical and psychological evaluation in Endocrinology, Urology, Clinical Genetics, Social Work, and Psychology, as well as offering ongoing care and additional referrals, as needed.

<b>Web &amp; Contact</b>	<a href="#">GeMS Website</a> Boston Children's Hospital 333 Longwood Avenue, 2 <sup>nd</sup> Floor Boston, MA 02115 Phone: 617-355-4367 (355-GEMS)
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### Fenway Community Health – Sidney Borum Jr. Health Center

The Fenway Community Health serves the transgender, gay, lesbian and bisexual communities as well as people in the Fenway neighborhood. The Transgender Health Program addresses the medical and mental health needs of the transgender community, while offering a comprehensive medical and mental health care to transgender clients.

Services include: Primary care, Hormone Administration, reproductive rights counseling, post-surgical follow-up care, HIV testing, counseling and medical care, psychotherapy, psychopharmacology, support groups, letters to support hormone therapy and surgery, counseling and advocacy for victims of violence, substance abuse counseling, massage, acupuncture and chiropractic care. The Youth Clinic services ages 12-29 years old.

<b>Web &amp; Contact</b>	<a href="http://fenwayhealth.org/">http://fenwayhealth.org/</a> and <a href="http://fenwayhealth.org/info/locations/">http://fenwayhealth.org/info/locations/</a> <b>Sidney Borum, Jr. Health Center</b> - 75 Kneeland St, Boston, MA 02111 Phone: 617-457-8140
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Transgender Youth Clinic - Boylston St.- 18 Fenway Health offers medical and behavioral health care for gender diverse youth under 18 at all of our clinical sites. **Youths under age**

<b>Meeting Address</b>	<a href="#">Fenway Health – Ansin Building</a> 1340 Boylston Street, 3 <sup>rd</sup> Floor, Boston
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<b>Clinic Days</b>	Every 2nd Wednesday and Every 4th Wednesday
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<b>Web &amp; Contact</b>	<a href="http://fenwayhealth.org/care/medical/transgender-health/">http://fenwayhealth.org/care/medical/transgender-health/</a> 617-927-6000 - to schedule an appointment
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**Transgender Youth Clinic - South End**– Fenway Health offers medical and behavioral health care for gender diverse youth under 18 at all of our clinical sites. **Youths under age 18**

<b>Meeting Address</b>	<a href="#">Fenway South End</a> 142 Berkeley Street, Boston, MA
<b>Clinic Days</b>	Every 3rd Wednesday
<b>Web &amp; Contact</b>	<a href="http://fenwayhealth.org/care/medical/transgender-health/">http://fenwayhealth.org/care/medical/transgender-health/</a> 617-927-6000 – to schedule an appointment

**Monthly Drop-In Night For Parents And Guardians** Of Transgender, Gender Non-Conforming/ Non-Binary, Genderqueer, and Gender Questioning **Young** People .

This is an opportunity for *parents/guardians/caregivers* to talk with a medical provider and a behavioral health provider, as well as *other parents/guardians*, and ask any questions or voice any concerns they have. No matter their level of trans literacy, it's an environment where guardians can get support and information, and process thoughts and emotions that might not feel comfortable or appropriate to talk about with the trans and gnc young people in their lives.

<b>Meeting Address</b>	<b><u>Sidney Borum, Jr. Health Center</u></b> 75 Kneeland Street Boston, MA 02111
<b>Program Hours</b>	<b>1st</b> Thursday of every month – 7:00 pm to 8:30 p.m.
<b>HIV and STD Screening and Birth Control</b>	<b>Medical and Behavioral Health Hours</b> Monday – Thursday: 8:45 a.m. to 7 p.m. (Same day medical appointments available every day) Friday: 8:45 a.m. to 5 p.m. (Same day medical appointments available) Behavioral Health Walk-ins: 12 to 2 p.m. <b>Friday walk-in hours</b> Behavioral Health walk-in hours are available between 12 and 2 p.m. on Fridays. If you have problems paying for care or don't have health insurance, they can find ways to help
<b>Web &amp; Contact</b>	<a href="http://sidneyborum.org/calendar/">http://sidneyborum.org/calendar/</a> Email or call Rachel Kahn, LMHC, at <a href="mailto:rkahn@fenwayhealth.org">rkahn@fenwayhealth.org</a> Phone: 617-927-6372

## Health Imperatives

**Health Imperatives** is a non-profit community based agency that provides vital health and human services to nearly 30,000 families and individuals each year from communities stretching from Quincy to Nantucket. They provide resources for Sexual and reproductive health, Outreach prevention and education initiatives, Support for LGBTQ adolescents, as well as other, and resources for survivors of domestic violence and sexual assault.

<b>Web &amp; Contact</b>	<p><a href="http://healthimperatives.org/lgbtq-support-bragly/">http://healthimperatives.org/lgbtq-support-bragly/</a></p> <p>942 West Chestnut Street Brockton, MA 02301 508-583-3005</p> <p><b>24/7 Emergency Hotline: 508-588-8255</b> <a href="mailto:info@healthimperatives.org">info@healthimperatives.org</a></p> <p>Deirdre O'Donnell Email: <a href="mailto:dodonnell@healthimperatives.org">dodonnell@healthimperatives.org</a> Phone: (508) 586-3800 x 3103</p>
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## The Trevor Project

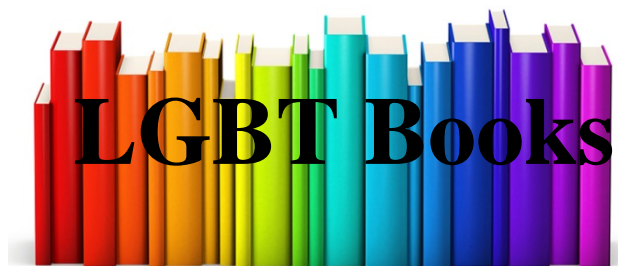
**The Trevor Project** is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth.

<b>Web &amp; Contact</b>	<p><a href="https://www.thetrevorproject.org/get-help-now/">https://www.thetrevorproject.org/get-help-now/</a></p> <p><b>TrevorLifeline</b>—A crisis intervention and suicide prevention phone service available 24/7 at 1-866-488-7386</p> <p><b>TrevorText</b>—Text “Trevor” to 1-202-304-1200. Standard text messaging rates apply. Available Monday through Friday between 3pm–10pm EST / Noon–7pm PT</p> <p><b>TrevorSpace</b>—An online international, peer-to-peer community for LGBTQ young people and their friends.</p> <p><b>Trevor Support Center</b> - Find answers to FAQs and explore resources related to sexual orientation, gender identity and more in this resource for LGBTQ youth and allies.</p>
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# ART, BOOKS, FILMS, MAGAZINES, & VIDEO RESOURCES

*ART*



FILMS



**Common Sense Media** - Common Sense is a nonprofit organization dedicated to helping kids thrive in a world of media and technology. They empower parents, teachers, and policymakers by providing unbiased information, trusted advice, and innovative tools in the world of media and technology. They offer the largest library of independent age-based and educational ratings and reviews for movies, games, apps, TV shows, websites, books, and music.

Common Sense Media – Reviews of Movies, Books, TV	
<b>Movies</b>	<a href="https://www.commonsensemedia.org/lists/lgbtq-movies-for-teens">https://www.commonsensemedia.org/lists/lgbtq-movies-for-teens</a>
<b>Books</b>	<a href="https://www.commonsensemedia.org/lists/lgbtq-books">https://www.commonsensemedia.org/lists/lgbtq-books</a>
<b>TV</b>	<a href="https://www.commonsensemedia.org/lists/lgbtq-tv-for-teens">https://www.commonsensemedia.org/lists/lgbtq-tv-for-teens</a>
<b>Web &amp; Contact</b>	<p><u>San Francisco Headquarters</u> 650 Townsend, Suite 435, San Francisco, CA 94103 Phone: (415) 863-0600, Fax: (415) 863-0601</p> <p><u>New York Office</u> 575 Madison Avenue, New York, New York 10022 Phone (212) 315-2138, Fax (212) 315-2371</p> <p><u>Los Angeles Office</u> 1100 Glendon Ave. 17th Floor, Los Angeles, CA. 90024 Phone (310) 689-7535, Fax (310) 689-7272</p> <p><u>Washington, D.C. Office</u> 2200 Pennsylvania Avenue, NW, 4th Floor East, Washington, D.C. 20037 Phone (202) 350-9992 <a href="#">Contact Common Sense</a></p>

**Our Queer Media** - This online website features Our Queer Art, Our Queer Stories, Our Queer History, and Daily Queer News.

<b>Our Queer Art</b> - This online website magazine features LGBT and queer artists as well as the artistic pieces that they create through the mediums of writing, music, theatre, visual arts, and dance.	
<b>Writing</b>	<a href="http://ourqueerart.com/category/writing/">http://ourqueerart.com/category/writing/</a>
<b>Music</b>	<a href="http://ourqueerart.com/category/music/">http://ourqueerart.com/category/music/</a>
<b>Theatre</b>	<a href="http://ourqueerart.com/category/theatre/">http://ourqueerart.com/category/theatre/</a>
<b>Visual Arts</b>	<a href="http://ourqueerart.com/category/visual-art/">http://ourqueerart.com/category/visual-art/</a>
<b>Dance</b>	<a href="http://ourqueerart.com/category/dance/">http://ourqueerart.com/category/dance/</a>
<b>Web &amp; Contact</b>	<a href="http://ourqueerart.com/">http://ourqueerart.com/</a> <a href="#">Contact Our Queer Art</a>

**Our Daily Queer** - This online website magazine examines LGBT news of the latest 24 hours.

<b>Web &amp; Contact</b>	<a href="https://ourqueerstories.com/">https://ourqueerstories.com/</a>
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**Our Queer History** – Our Queer History has been created to educate people regarding historical events, people, and places in which LGBTQ individuals or communities have been a part of.

<b>Historical Queer Events</b>	<a href="http://ourqueerhistory.com/category/historical-queer-events/">http://ourqueerhistory.com/category/historical-queer-events/</a>
<b>Historical Queer People</b>	<a href="http://ourqueerhistory.com/category/historical-queer-people/">http://ourqueerhistory.com/category/historical-queer-people/</a>
<b>Historical Queer Places</b>	<a href="http://ourqueerhistory.com/category/historical-queer-places/">http://ourqueerhistory.com/category/historical-queer-places/</a>
<b>Web &amp; Contact</b>	<a href="#">Our Queer History</a> <a href="#">Contact Our Queer History</a>

**Our Queer Stories** - This online magazine “Our Queer Stories features LGBT and queer stories on the topics of coming out, overcoming obstacles, self-exploration, and more.”

<b>Books</b>	<a href="https://ourqueerstories.com/category/books/">https://ourqueerstories.com/category/books/</a> Includes Top 23 LGBT Children’s Books
<b>Movies</b>	<a href="https://queerdeermedia.com/lgbt-movies/">https://queerdeermedia.com/lgbt-movies/</a>
<b>Videos</b>	<a href="https://ourqueerstories.com/category/videos/">https://ourqueerstories.com/category/videos/</a>
<b>Web &amp; Contact</b>	<a href="https://ourqueerstories.com/about/">https://ourqueerstories.com/about/</a> <a href="#">Contact Our Queer Stories</a>

Trans Youth Equality Foundation

**TYEF's BOOK LIST** – Founded by the mother of a transgender youth, this non-profit organization seeks to advocates for transgender, gender non-conforming, and intersex youth ages 2–18. Their founding principle is that “no family and no child has to be alone on this journey”.

<b>Books</b>	<a href="http://www.transyouthequality.org/tyef-recommended-books/">http://www.transyouthequality.org/tyef-recommended-books/</a>
<b>Web &amp; Contact</b>	Trans Youth Equality Foundation P.O. Box 7441 Portland, ME 04112-7441 (207)-478-4087 <a href="mailto:contact@transyouthequality.org">contact@transyouthequality.org</a>

BOOKS and MOVIES

<i>Always My Child: A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual, Transgendered or Questioning Son or Daughter</i>   Kevin Jennings & Pat Shapiro	Boys Don't Cry
<i>Are You Still My Mother? Are You Still My Family?</i>   Gloria Guss Back	Call Me By Name
<i>Bi Any Other Name: Bisexual People Speak Out</i>   Loraine Hutchins & Lani Kaahumanu	Love Simon
<i>Bi Any Other Name: Bisexual People Speak Out</i>   Loraine Hutchins & Lani Kaahumanu	The Danish Girl
<i>Family Outing: A Guide to the Coming-Out Process for Gays, Lesbians, &amp; Their Families</i>   Chastity Bono & Billie Fitzpatrick	
<i>Getting Bi: Voices of Bisexuals Around the World</i>   Robyn Ochs, editor and Sarah E. Rowley, co-editor	
<i>Loving Someone Gay</i>   Don Clark	
<i>My Child Is Gay: How Parents React When They Hear the News</i>   Bryce McDougall	
<i>Now That You Know: A Parents' Guide to Understanding Their Gay and Lesbian Children</i>   Betty Fairchild & Nancy Hayward	
<i>She's Not There: A Life in Two Genders</i>   Jennifer Finney Boylan	
<i>Straight Parents, Gay Children: Keeping Families Together</i>   Robert A. Bernstein	
<i>The Queer Parent's Primer: A Lesbian and Gay Families' Guide to Navigating Through a Straight World</i>   Stephanie A. Brill	
<i>The Transgender Child: A Handbook for Families and Professionals</i>   Stephanie A. Brill & Rachel Pepper	
<i>Trans-Forming Families: Real Stories about Transgendered Loved Ones</i>   Mary Boenke, editor	
<i>Transgender Explained For Those Who Are Not</i> / Joanne Herman	
<i>Transparent</i>   Cris Beam	
<i>True Selves: Understanding Transexualism</i>   Mildred L. Brown & Chloe Ann Rounsley	
<i>When I Knew</i>   Robert Trachtenberg, editor	

# HOTLINE SUPPORT



- Trevor Project – 866-488-7386
- It Gets Better – 888-843-4564
- Transgender Lifeline – 877-565-8860
  - Fenway Health Helpline:  
(25+) 617-267-9001  
(25 and under) 617.267.2535
- National Suicide Prevention – 800-2733-8255
- National Domestic Abuse – 800-799-7233
  - Good Samaritans – 877-870-4673



understanding. This Glossary has been collectively built and collected by the staff members of the LGBTQIA+ Resource Center, UC Davis, since the early 2000s.

**Ability**: The quality of being able to do something

**Ableism**: The pervasive system of discrimination and exclusion that oppresses people who have mental, emotional and physical disabilities.

**Ageism**: Any attitude, action, or institutional structure, which subordinates a person or group because of age or any assignment of roles in society purely on the basis of age (Traxler, 1980, p.4).

**Allosexism**: The system of discrimination and exclusion that oppresses asexual people.

**Allosexual**: A sexual orientation generally characterized by feeling sexual attraction or a desire for partnered sexuality.

**Allyship**: The action of working to end oppression through support of, and as an advocate with and for, a group other than one's own.

**Androgyne**: A person with masculine and feminine physical traits.

**Aromantic**: A romantic orientation generally characterized by not feeling romantic attraction or a desire for romance. Aromantic people can be satisfied by friendship and other non-romantic relationships.

**Asexual**: A sexual orientation generally characterized by not feeling sexual attraction or a desire for partnered sexuality. Asexuality is distinct from celibacy, which is the deliberate abstention from sexual activity. Some asexual people do have sex. There are many diverse ways of being asexual.

**BDSM**: Bondage and Discipline, Dominance and Submission, Sadism and Masochism. BDSM refers to a wide spectrum of activities and forms of interpersonal relationships. While not always overtly sexual in nature, the activities and relationships within a BDSM context are almost always eroticized by the participants in some fashion. Many of these practices fall outside of commonly held social norms regarding sexuality and human relationships.

**Bear Community**: a part of the queer community composed of queer men similar in looks and interests, most of them big, hairy, friendly and affectionate. The community aims to provide spaces where one feels wanted, desired, and liked. It nourishes and values an individual's process of making friends, of learning self-care and self-love through the unity and support of the community. Bears, Cubs, Otters, Wolves, Chasers, Admirers and other wildlife comprise what has come to be known as the Brotherhood of Bears and/or the Bear community. See also: Ursula

**Bigender**: Having two genders, exhibiting cultural characteristics of masculine and feminine roles

**Biphobia**: See Monosexism below. Note: As a staff, we've been intentionally moving away from using words like "transphobic," "homophobic," and "biphobic" because (1) they inaccurately describe systems of oppression as irrational fears, and (2) for some people, phobias

are a very distressing part of their lived experience and co-opting this language is disrespectful to their experiences and perpetuates ableism.

**Bisexual**: A person whose primary sexual and affectional orientation is toward people of the same and other genders, or towards people regardless of their gender.

**BlaQ/BlaQueer**: Folks of Black/African descent and/or from the African diaspora who recognize their queerness/LGBTQIA+ identity as a salient identity attached to their Blackness and vice versa. (T. Porter)

**Body Image**: refers to how a person feels, acts, and thinks about their body. Attitudes about our own body and bodies in general are shaped by our communities, families, cultures, media, and our own perceptions.

**Body Policing**: any behavior which (indirectly or directly, intentionally or unintentionally) attempts to correct or control a person's actions regarding their own physical body, frequently with regards to gender expression or size. (ASC Queer Theory)

**Butch**: A gender expression that fits societal definitions of masculinity. Usually used by queer women and trans people, particularly by lesbians. Some consider "butch" to be its own gender identity.

**Cisgender**: a gender identity, or performance in a gender role, that society deems to match the person's assigned sex at birth. The prefix cis- means "on this side of" or "not across." A term used to call attention to the privilege of people who are not transgender.

**Cissexism/Genderism**: The pervasive system of discrimination and exclusion that oppresses people whose gender and/or gender expression falls outside of cis-normative constructs. This system is founded on the belief that there are, and should be, only two genders & that one's gender or most aspects of it, are inevitably tied to assigned sex. Within cissexism cisgender people are the dominant/agent group and trans\*/ gender non-conforming people are the oppressed/target group.

**Coming Out**: "Coming out" describes voluntarily making public one's sexual orientation and/or gender identity. It has also been broadened to include other pieces of potentially stigmatized personal information. Terms also used that correlate with this action are: "Being out" which means not concealing one's sexual orientation or gender identity, and "Outing, " a term used for making public the sexual orientation or gender identity of another who would prefer to keep this information secret.

**Cross Dresser (CD)**: A word to describe a person who dresses, at least partially, as a member of a gender other than their assigned sex; carries no implications of sexual orientation. Has replaced "Transvestite"

**Culture**: A learned set of values, beliefs, customs, norms, and perceptions shared by a group of people that provide a general design for living and a pattern for interpreting life. "Culture is those deep, common, unstated, learned experiences which members of a given culture share,



which they communicate without knowing, and which form the backdrop against which all other events are judged.” (E. Hall.)

**Cultural Humility**: An approach to engagement across differences that acknowledges systems of oppression and embodies the following key practices: (1) a lifelong commitment to self-evaluation and self-critique, (2) a desire to fix power imbalances where none ought to exist, and (3) aspiring to develop partnerships with people and groups who advocate for others on a systemic level. (Melanie Tervalon & Jann Murray-García, 1998)

**Demisexual**: Demisexuality is a sexual orientation in which someone feels sexual attraction only to people with whom they have an emotional bond. Most demisexuals feel sexual attraction rarely compared to the general population, and some have little to no interest in sexual activity. Demisexuals are considered to be on the asexual spectrum, meaning they are closely aligned with asexuality

**Disability/(Dis)ability/Dis/ability**: A social construct that identifies any restriction or lack of ability to perform an activity in the manner or within the range considered “typical” for a human being given environments that are constructed for and by the dominant or “typical” person.

**Discrimination**: Inequitable actions carried out by members of a dominant group or its representatives against members of a marginalized or minoritized group.

**Drag King**: A person (often a woman) who appears as a man. Generally in reference to an act or performance. This has no implications regarding gender identity.

**Drag Queen**: A person (often a man) who appears as a woman. Generally in reference to an act or performance. This has no implications regarding gender identity.

**Ethnicity**: A social construct which divides people into smaller social groups based on characteristics such as shared sense of group membership, values, behavioral patterns, language, political and economic interest, history and ancestral geographical base.

**Femme**: Historically used in the lesbian community, it is being increasingly used by other LGBTQIA people to describe gender expressions that reclaim/claim and/or disrupt traditional constructs of femininity.

**Furry**: (Furries, Furry Fandom) People or a community, who enjoy(s) role playing primarily as anthropomorphic animals, creatures or characters, either through costumes, or/and varying art mediums. The furry community at large is diverse in sexual orientation and gender identity.

**Gay**: A sexual and affectional orientation toward people of the same gender.

**Gender**: A social construct used to classify a person as a man, woman, or some other identity. Fundamentally different from the sex one is assigned at birth.

**Gender Expansive**: An umbrella term used for individuals who broaden their own culture’s commonly held definitions of gender, including expectations for its expression, identities, roles, and/or other perceived gender norms. Gender expansive individuals include those who identify

and transgender, as well as anyone else whose gender in some way is seen to be stretching the surrounding society's notion of gender.

**Gender Expression:** How one expresses oneself, in terms of dress and/or behaviors. Society, and people that make up society characterize these expressions as "masculine," "feminine," or "androgynous." Individuals may embody their gender in a multitude of ways and have terms beyond these to name their gender expression(s).

**Gender Fluid:** A person whose gender identification and presentation shifts, whether within or outside of societal, gender-based expectations. Being fluid in motion between two or more genders.

**Gender Identity:** A sense of one's self as trans\*, genderqueer, woman, man, or some other identity, which may or may not correspond with the sex and gender one is assigned at birth.

**Genderism/Cissexism:** The pervasive system of discrimination and exclusion that oppresses people whose gender and/or gender expression falls outside of cis-normative constructs. This system is founded on the belief that there are, and should be, only two genders & that one's gender or most aspects of it, are inevitably tied to assigned sex. Within cissexism cisgender people are the dominant/agent group and trans\*/ gender non-conforming people are the oppressed/target group.

**Gender Outlaw:** A person who refuses to be defined by conventional definitions of male and female.

**Gender Non conforming (GNC):** people who do not subscribe to gender expressions or roles expected of them by society.

**Gender Queer:** A person whose gender identity and/or gender expression falls outside of the dominant societal norm for their assigned sex, is beyond genders, or is some combination of them.

**Gender Variant:** A person who varies from the expected characteristics of the assigned gender.

**Heteronormativity:** A set of lifestyle norms, practices, and institutions that promote binary alignment of biological sex, gender identity, and gender roles; assume heterosexuality as a fundamental and natural norm; and privilege monogamous, committed relationships and reproductive sex above all other sexual practices.

**Heterosexism:** The assumption that all people are or should be heterosexual. Heterosexism excludes the needs, concerns, and life experiences of lesbian, gay, bisexual and queer people while it gives advantages to heterosexual people. It is often a subtle form of oppression, which reinforces realities of silence and erasure.

**Heterosexuality:** A sexual orientation in which a person feels physically and emotionally attracted to people of a gender other than their own.

**Homophobia:** See Heterosexism above. Note: As a staff, we've been intentionally moving away from using words like "transphobic," "homophobic," and "biphobic" because (1) they inaccurately describe systems of oppression as irrational fears, and (2) for some people, phobias

are a very distressing part of their lived experience and co-opting this language is disrespectful to their experiences and perpetuates ableism.

**Homosexual/Homosexuality:** An outdated term to describe a sexual orientation in which a person feels physically and emotionally attracted to people of the same gender. Historically, it was a term used to pathologize gay and lesbian people.

**Internalized oppression:** The fear and self-hate of one's own target/subordinate identity/ies, that occurs for many individuals who have learned negative ideas about their target/subordinate identity/ies throughout childhood. One form of internalized oppression is the acceptance of the myths and stereotypes applied to the oppressed group.

**Intersectionality:** A term coined by law professor Kimberlé Crenshaw in the 1980s to describe the way that multiple systems of oppression interact in the lives of those with multiple marginalized identities. Intersectionality looks at the relationships between multiple marginalized identities and allows us to analyze social problems more fully, shape more effective interventions, and promote more inclusive advocacy amongst communities.

**Intersex:** Adjective used describe the experience of naturally (that is, without any medical intervention) developing primary or secondary sex characteristics that do not fit neatly into society's definitions of male or female. Intersex is an umbrella term and there are around 20 variations of intersex that are included in this umbrella term. Many visibly Intersex people are mutilated in infancy and early childhood by doctors to make the individual's sex characteristics conform to society's idea of what normal bodies should look like. Intersex people are relatively common, although society's denial of their existence has allowed very little room for intersex issues to be discussed publicly. Hermaphrodite is an outdated and inaccurate term that has been used to describe intersex people in the past.

**Kink:** (Kinky, Kinkiness) Most commonly referred to as unconventional sexual practices, from which people derive varying forms of pleasure and consensually play-out various forms of desire, fantasies and scenes.

**Latinx:** pronounced "La-TEEN-ex", is a non-gender specific way of referring to people of Latin American descent. Other commonly known ways of referring to people of Latin American descent are Latinos, Latina, Latin@, Latino. The "x" at the end replaces "o" and "a" which have been gendered suffixes, it moves beyond terms like Latino/a & Latin@, which still reinforce a gender binary.

**Leather community:** A community, which encompasses those who are into leather, sado-masochism, bondage and domination, uniform, cowboys, rubber, and other fetishes. Although the leather community is often associated with the queer community, it is not a "gay-only" community.

**Lesbian:** A woman whose primary sexual and affectional orientation is toward people of the same gender.

**LGBT:** Abbreviation for Lesbian, Gay, Bisexual, and Transgender. An umbrella term that is often used to refer to the community as a whole. This center uses LGBTQIA+ to intentionally include and raise awareness of Queer, Intersex and Asexual as well as myriad other communities under this umbrella.

**LGBTQIA+ Allyship:** The practice of confronting heterosexism, sexism, genderism, allosexism, and monosexism in oneself and others out of self-interest and a concern for the well being of lesbian, gay, bisexual, transgender, queer, intersex and asexual people. Is founded on the belief and believes that dismantling heterosexism, monosexism, trans oppression/trans mysogyny/cissexism and allosexism is a social justice issue.

**Microaggressions:** Brief and commonplace daily verbal, behavioral, or environmental indignities, whether intentional or unintentional, that communicate hostile, derogatory, or negative slights and insults about one's marginalized identity/identities. (D.W. Sue)

**Misgendering:** Attributing a gender to someone that is incorrect/does not align with their gender identity. Can occur when using pronouns, gendered language (i.e. "Hello ladies!" "Hey guys"), or assigning genders to people without knowing how they identify (i.e. "Well, since we're all women in this room, we understand...").

**MOGAI:** An acronym that stands for "marginalized orientations, gender alignments, and intersex." Is used by some in a similar way to the umbrella acronym: LGBTQIA.

**Monogamy:** Having only one intimate partner at any one time.

**Monosexism:** The belief in and systematic privileging of monosexuality as superior, and the systematic oppression of non-monosexuality.

**Monosexual:** People who have romantic, sexual, or affectional desire for one gender only. Heterosexuality and homosexuality are the most well-known forms of monosexuality.

**MSM:** an abbreviation for men who have sex with men; they may or may not identify as gay.

**Neutrois:** A non-binary gender identity that falls under the genderqueer or transgender umbrellas. There is no one definition of Neutrois, since each person that self-identifies as such experiences their gender differently. The most common ones are: Neutral-gender, Null-gender, Neither male nor female, Genderless and/or Agender.

**Non-binary:** A gender identity and experience that embraces a full universe of expressions and ways of being that resonate for an individual. It may be an active resistance to binary gender expectations and/or an intentional creation of new unbounded ideas of self within the world. For some people who identify as non-binary there may be overlap with other concepts and identities like gender expansive and gender non-conforming.

**Nonmonosexual:** people who are attracted to more than one gender.

**Omnigender:** Possessing all genders. The term is used specifically to refute the concept of only two genders.

**Oppression:** exists when one social group, whether knowingly or unconsciously, exploits another social group for its own benefit.

*Individual Level:* beliefs or behaviors of an individual person; conscious or unconscious actions or attitudes that maintain oppression.

*Institutional Level:* institutions such as family, government, industry, education, and religion are shapers of, as well as shaped by, the other two levels. The application of institutional policies and procedures in an oppressive society run by individuals or groups who advocate or collude with social oppression produces oppressive consequences.

*Societal/Cultural Level:* society's cultural norms perpetuate implicit and explicit values that bind institutions and individuals; cultural guidelines, such as philosophies of life, definitions of good, normal, health, deviance, and sickness, often serve the primary function of providing individuals and institutions with the justification for social oppression.

**Orientation:** Orientation is one's attraction or non-attraction to other people. An individual's orientation can be fluid and people use a variety of labels to describe their orientation. Some, but not all, types of attraction or orientation include: romantic, sexual, sensual, aesthetic, intellectual and platonic.

**Pansexual, Omnisexual:** Terms used to describe people who have romantic, sexual or affectional desire for people of all genders and sexes.

**Phobia:** In terms of mental/emotional wellness - a phobia is a Marked and persistent fear "out of proportion" to the actual threat or danger the situation poses, after taking into account all the factors of the environment and situation. Historically this term has been used to inaccurately refer to systems oppression (i.e. homophobia has been used to refer to heterosexism.) As a staff, we've been intentionally moving away from using words like "transphobic," "homophobic," and "biphobic" because (1) they inaccurately describe systems of oppression as irrational fears, and (2) for some people, phobias are a very distressing part of their lived experience and co-opting this language is disrespectful to their experiences and perpetuates ableism.

**Polyamory/Polyam:** Denotes consensually being in/open to multiple loving relationships at the same time. Some polyamorists (polyamorous people) consider "polyam" to be a relationship orientation. Sometimes used as an umbrella term for all forms of ethical, consensual, and loving non-monogamy.

**Polygender, Pangender:** Exhibiting characteristics of multiple genders, deliberately refuting the concept of only two genders.

**Privilege:** a set of unearned benefits given to people who fit into a specific social group. The concept has roots in WEB DuBois' work on "psychological wage" and white people's feelings of superiority over Black people. Peggy McIntosh wrote about privilege as a white woman and developed an inventory of unearned privileges that she experienced in daily life because of her whiteness.

**Pronouns:** Linguistic tools used to refer to someone in the third person. Examples are they/them/theirs, ze/hir/hirs, she/her/hers, he/him/his. In English and some other languages, pronouns have been tied to gender and are a common site of misgendering (attributing a gender to someone that is incorrect.)

**Queer:** One definition of queer is abnormal or strange. Historically, queer has been used as an epithet/slur against people whose gender, gender expression and/or sexuality do not conform to

dominant expectations. Some people have reclaimed the word queer and self identify as such. For some, this reclamation is a celebration of not fitting into norms/being “abnormal.” Manifestations of oppression within gay and lesbian movements such as racism, sizeism, ableism, cissexism, transmisogyny as well as assimilation politics, resulted in many people being marginalized, thus, for some, queer is a radical and anti-assimilationist stance that captures multiple aspects of identities.

**Questioning:** The process of exploring one’s own gender identity, gender expression, and/or sexual orientation. Some people may also use this term to name their identity within the LGBTQIA community.

**Race:** A social construct that divides people into distinct groups based on characteristics such as physical appearance, ancestral heritage, cultural affiliation, cultural history, ethnic classification, based on the social, economic, and political context of a society at a given period of time.

**Racism:** The systematic subordination of marginalized racial groups (Indigenous/Native American, Black, Chicax, Asian, Pacific Islander, and non-white Latinx people, non-white Middle Eastern people, etc.) who have relatively little social power in the United States, by members of the agent/dominant/privileged racial group who have relatively more social power (white).

**Religion:** A personal or institutionalized system of beliefs and practices concerning the cause, nature, and purpose of the universe, often grounded in belief in and reverence for some supernatural power or powers; often involves devotional and ritual observances and contains a moral code governing the conduct of human affairs.

**Romantic Orientation:** Romantic Orientation is attraction or non-attraction to other people characterized by the expression or non-expression of love. Romantic orientation can be fluid and people use a variety of labels to describe their romantic orientation. See also Orientation.

**Same Gender Loving:** a term used by some African American people who love, date, have attraction to people of the same gender.

**Sex:** a medically constructed categorization. Sex is often assigned based on the appearance of the genitalia, either in ultrasound or at birth.

**Sexism:** The cultural, institutional, and individual set of beliefs and practices that privilege men, subordinate women, and devalue ways of being that are associated with women.

**Sexuality:** The components of a person that include their biological sex, sexual orientation, gender identity, sexual practices, etc.

**Sexual Orientation:** Sexual Orientation is an enduring emotional, romantic, sexual or affectional attraction or non-attraction to other people. Sexual orientation can be fluid and people use a variety of labels to describe their sexual orientation. See also Orientation.

**Sizeism:** The pervasive system of discrimination and exclusion that oppresses people who have bodies that society has labeled as “overweight,” as well as people of short stature. Fat oppression more specifically, highlights the ways that Fat people experience and navigate a world and institutions that are not built with their hystories, needs and body size in mind. This often takes



the form of labeling these bodies as unhealthy, undesirable, and lazy and fails to complicate narratives around health and healthy living. In addition, diet culture which is the normalization of weight loss, diet and exercise on a basis of weight based shaming and size based discrimination further perpetuate fat oppression. This form of oppression has been referred to as fatphobia. To learn more about why we are moving away from using this term see **Phobia** in this glossary.

**Social Identities:** Social identity groups are based on the physical, social, and mental characteristics of individuals. They are sometimes obvious and clear, sometimes not obvious and unclear, often self-claimed and frequently ascribed by others.

**Social Justice:** A goal and a process in which the distribution of resources is equitable and all members are physically and psychologically safe and secure. Begins with an acknowledgement that oppression and inequity exist and must be actively dismantled on all levels. (Adams, Bell, & Griffin.)

**Socio-Economic Class:** Social group membership based on a combination of factors including income, education level, occupation, and social status in the community, such as contacts within the community, group associations, and the community's perception of the family or individual.

**Spirituality:** Having to do with deep feelings and convictions, including a person's sense of peace, purpose, connection to others, and understanding of the meaning and value of life; may or may not be associated with a particular set of beliefs or practices.

**Stereotype:** A generalization applied to every person in a cultural group; a fixed conception of a group without allowing for individuality. When we believe our stereotypes, we tend to ignore characteristics that don't conform to our stereotype, rationalize what we see to fit our stereotype, see those who do not conform as "exceptions," and find ways to create the expected characteristics.

**Swinger:** (Swinging) A person or people in a committed relationship consensually engaging in sexual activity with others.

**Trans\*:** The asterisk placed after Trans has been used in many different ways. Some folks think of it as being more inclusive towards gender non-conforming and non-binary folks. But others have offered critique that it feels exclusionary towards GNC and non-binary folks for enforcing a binary expectation to "fill in the blank" for trans man or trans woman. There have also been discussions/critique regarding the origin of the asterisk.

**Trans man:** A person may choose to identify this way to capture their gender identity as well as their lived experience as a transgender person. Some trans men may also use the term FTM or F2M to describe their identity.

**Transphobia:** See Cissexsim above. Note: As a staff, we've been intentionally moving away from using words like "transphobic," "homophobic," and "biphobic" because (1) they inaccurately describe systems of oppression as irrational fears, and (2) for some people, phobias are a very distressing part of their lived experience and co-opting this language is disrespectful to their experiences and perpetuates ableism.

**Trans woman:** A person may choose to identify this way to capture their gender identity as well as their lived experience as a transgender person. Some transwomen may also use MTF or M2F to describe their identity.

**Transgender:** Adjective used most often as an umbrella term, and frequently abbreviated to “trans.” This adjective describes a wide range of identities and experiences of people whose gender identity and/or expression differs from conventional expectations based on their assigned sex at birth. Not all trans people undergo medical transition (surgery or hormones). Some commonly held definitions:

1. Someone whose determination of their sex and/or gender is not universally considered valid; someone whose behavior or expression does not “match” their assigned sex according to society.
2. A gender outside of the man/woman binary.
3. Having no gender or multiple genders.

**Transition:** An individualized process by which transsexual and transgender people “switch” from one gender presentation to another. There are three general aspects to transitioning: social (i.e. name, pronouns, interactions, etc.), medical (i.e. hormones, surgery, etc.), and legal (i.e. gender marker and name change, etc.). A trans\* individual may transition in any combination, or none, of these aspects.

**Transsexual (TS):** A person who lives full-time in a gender different than their assigned birth sex and gender. Many pursue hormones and/or surgery. Sometimes used to specifically refer to trans people pursuing gender or sex confirmation.

**Transvestite:** This is an outdated and problematic term due to its historical use as a diagnosis for medical/mental health disorders. Cross Dresser has replaced transvestite, see above definition.

**Two Spirit:** “[This] term stems from the Ojibwe phrase niizh manidoowag and replaces the outdated, oversimplified term berdache, which appeared frequently in research and anthropological studies that aimed to describe the place of gay men in Native society in the 18th and early 19th centuries [...] The phrase “two spirit” began to gain traction across Native America after 1990, when 13 men, women and transgender people from various tribes met in Winnipeg, Canada, with the task of finding a term that could unite the LGBTQ Native community. [...] For me, the term ‘two spirit’ resists a Western definition of who we are and what we should be. Two spirit [people] are integral to the struggle of undoing the impacts of historical trauma, because our roles in tribes historically were part of the traditions taken away from us with Westernization.” - Zachary Pullin (Chippewa Cree), May/June 2014 Issues of Native Peoples

There are a variety of definitions and feelings about the term “two spirit” – and this term does not resonate for everyone.

**Undocumented Immigrants:** People are who are born outside of the country to which they immigrated, who do not have documentation that grants legal rights related to residency and /or citizenship.



**Ursula:** Some lesbians, particularly butch dykes, also participate in Bear culture referring to themselves with the distinct label Ursula.

**Womyn/Womxn:** some womyn spell the word with a “y” or an “x” as a form of empowerment to move away from the “men” in the “traditional” spelling of women.

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