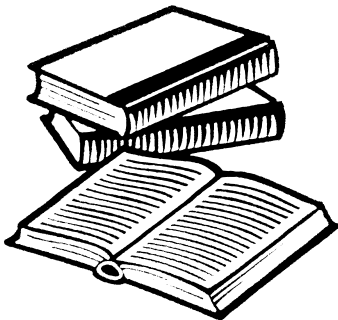


PREPARING FOR THE MCAT

An Overview



STEP 01

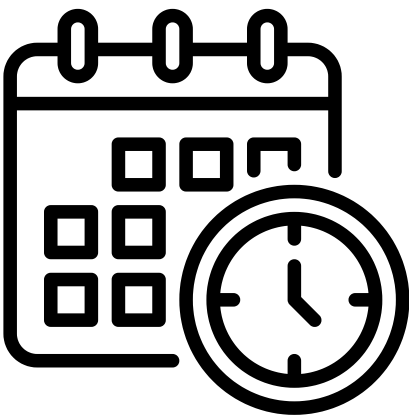
GATHER MATERIALS AND UNDERSTAND WHAT'S ON THE EXAM

We recommend: [AAMC What's on the MCAT](#), [AAMC MCAT Hub](#), [UWorld](#), [MCAT Review Books](#) (get a [discount](#) through Career Education)

STEP 02

PRACTICE TEST

Take and Score the [Free AAMC Practice Exam](#). In the free [AAMC What's on the Exam Content Outline Course](#) mark each concept "low," "medium," or "high" confidence based on your test score.



STEP 03

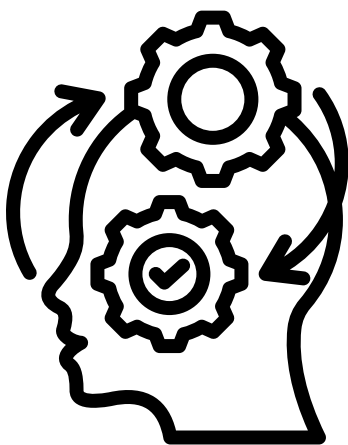
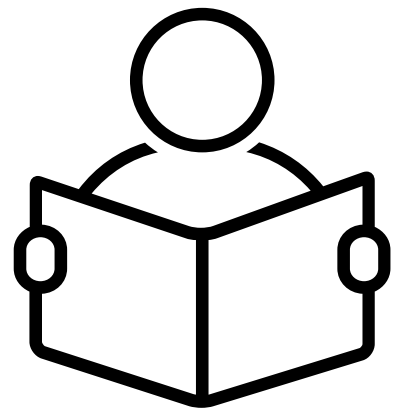
STUDY SCHEDULE

Create a [study schedule](#) that starts with your lowest confidence areas first and builds to your highest. Plan for a [CARS practice passage](#) every day.

STEP 04

CONTENT REVIEW PRACTICE QUESTIONS

Review content from Princeton/Kaplan books, [Khan Academy](#), open source materials found in [AAMC What's on the Exam Content Outline Course](#). Alternate content with practice questions to apply knowledge.



STEP 05

SPACED REPETITION

Continue to review content after studying and completing practice questions. Utilize [Anki flashcards](#) until knowledge is retained in long-term memory.

STEP 06

PRACTICE EXAMS

Complete practice exams to:

- Gain comfort with the length and format of the exam
- Continue to assess confidence with material and prioritize studying of areas of weakness
- Assess your readiness to take the exam

